



Radiation and Health Effects

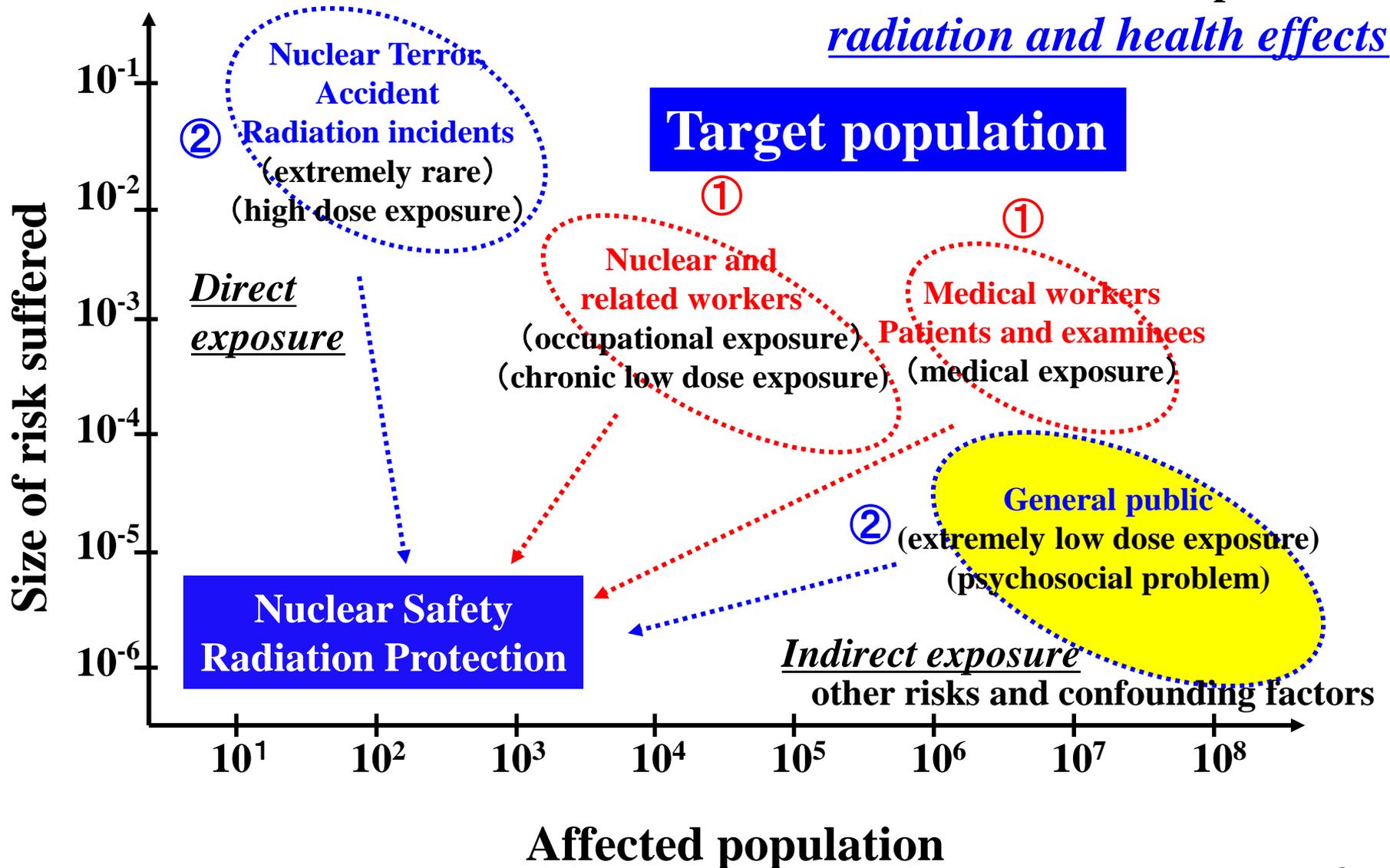
*A gap of understanding between real radiation health risk and
public risk perception beyond the accumulated scientific knowledge*

Shunichi Yamashita, MD, PhD.

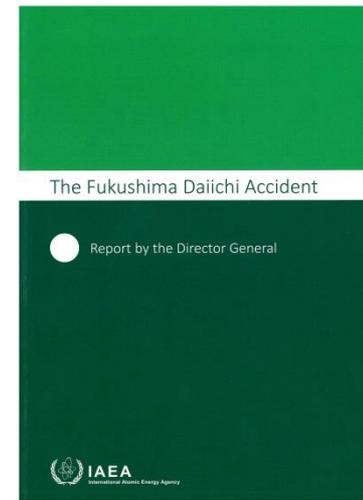
Nagasaki University and Fukushima Medical University, JAPAN



Different approaches needed for the targeted population based on dose and pattern of radiation exposure to evaluate the relationship between radiation and health effects



The Fukushima Daiichi Accident reported by the Director General 2015, pp208, IAEA

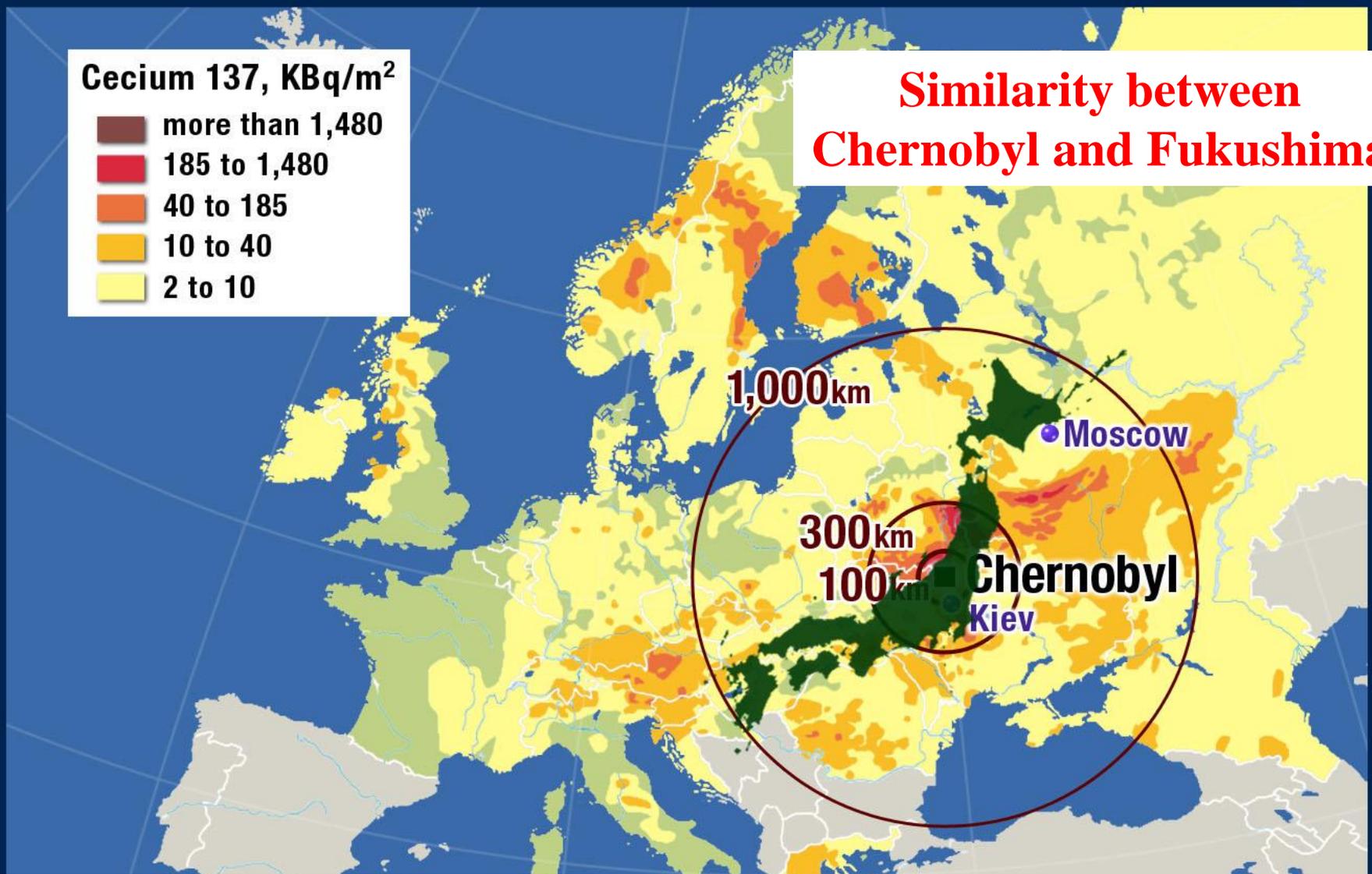


| | | | | | | |
|---|--|---|---|--|---|--|
| Section 1: Introduction | The Report on the Fukushima Daiichi Accident | | | | | |
| Section 2: The accident and its assessment | Description of the accident | Nuclear safety considerations | Technical Volumes 1&2 | | | |
| Section 3: Emergency preparedness and response | Initial response in Japan to the accident | Protecting emergency workers | | Protecting the public | Transition from the emergency phase to the recovery phase and analyses of the response | Response within the international framework for emergency preparedness and response |
| Section 4: Radiological consequences | Radioactivity in the environment | Protecting people against radiation exposure | Radiation exposure | Health effects | Radiological consequences for non-human biota | Technical Volumes 4 |
| Section 5: Post-accident recovery | Off-site remediation of areas affected by the accident | One-site stabilization and preparations for de-commissioning | Management of contaminated material and radioactive waste | Community revitalization and stakeholder engagement | Technical Volumes 5 | |
| Section 6: The IAEA response to the accident | IAEA activities | Meetings of the contracting Parties to the Convention on Nuclear Safety | Technical Volumes 1 & 3 | <ul style="list-style-type: none"> ● WHO Preliminary Report 2012, 2013 -Dose Estimates and Risk Assessments- ● UNSCEAR Fukushima Report 2013, 2015 | | |

Cesium 137, KBq/m²

- more than 1,480
- 185 to 1,480
- 40 to 185
- 10 to 40
- 2 to 10

Similarity between Chernobyl and Fukushima



Difference between Chernobyl and Fukushima

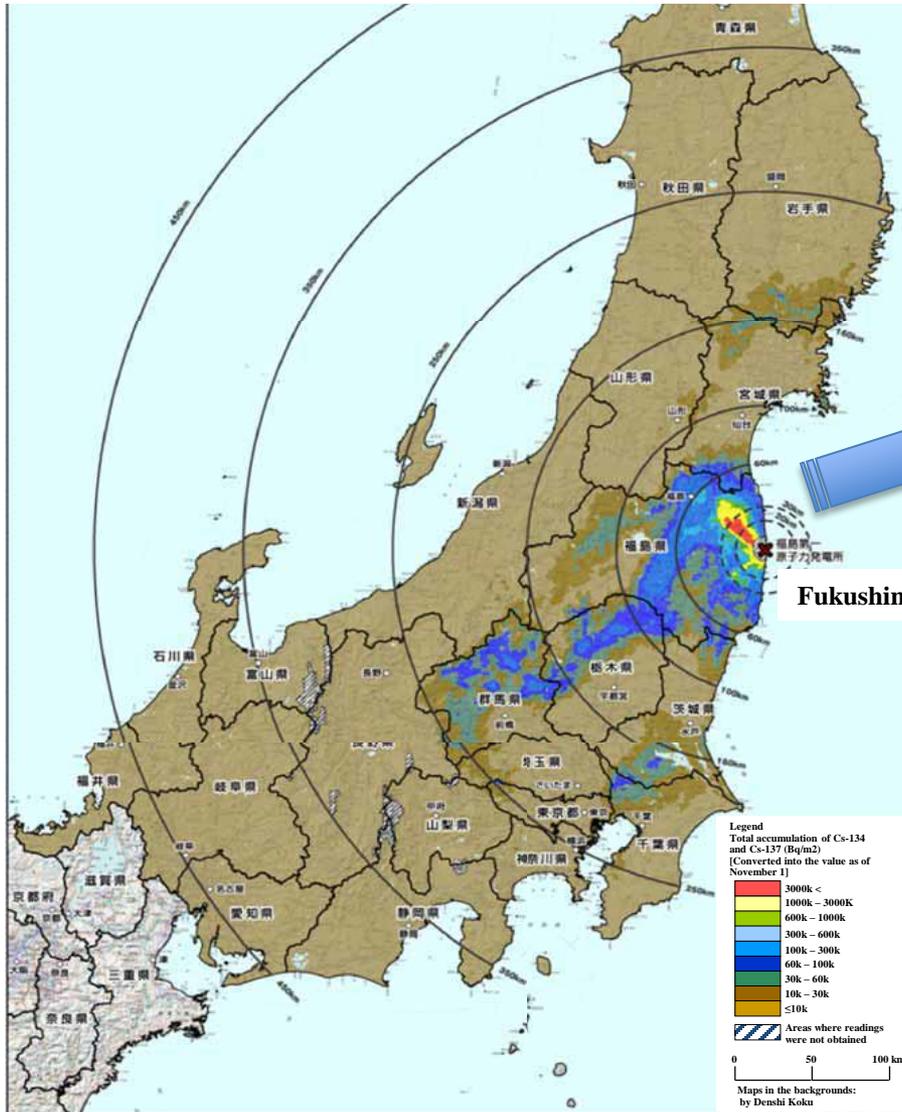
Source: Philippe Rekacewicz, UNEP/GRID-Arendal

NHK WORLD

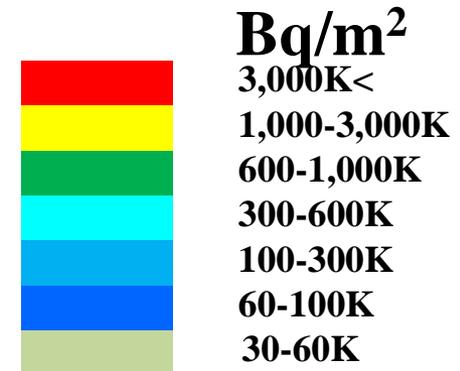
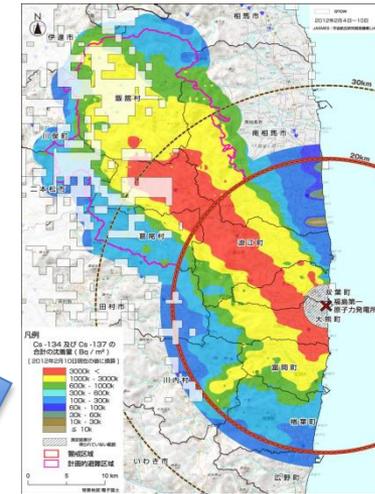
Results of the Airborne Monitoring Survey by MEXT

as of November 1, 2011

(Total accumulation of Cs-134 and Cs-137 on the ground surface)

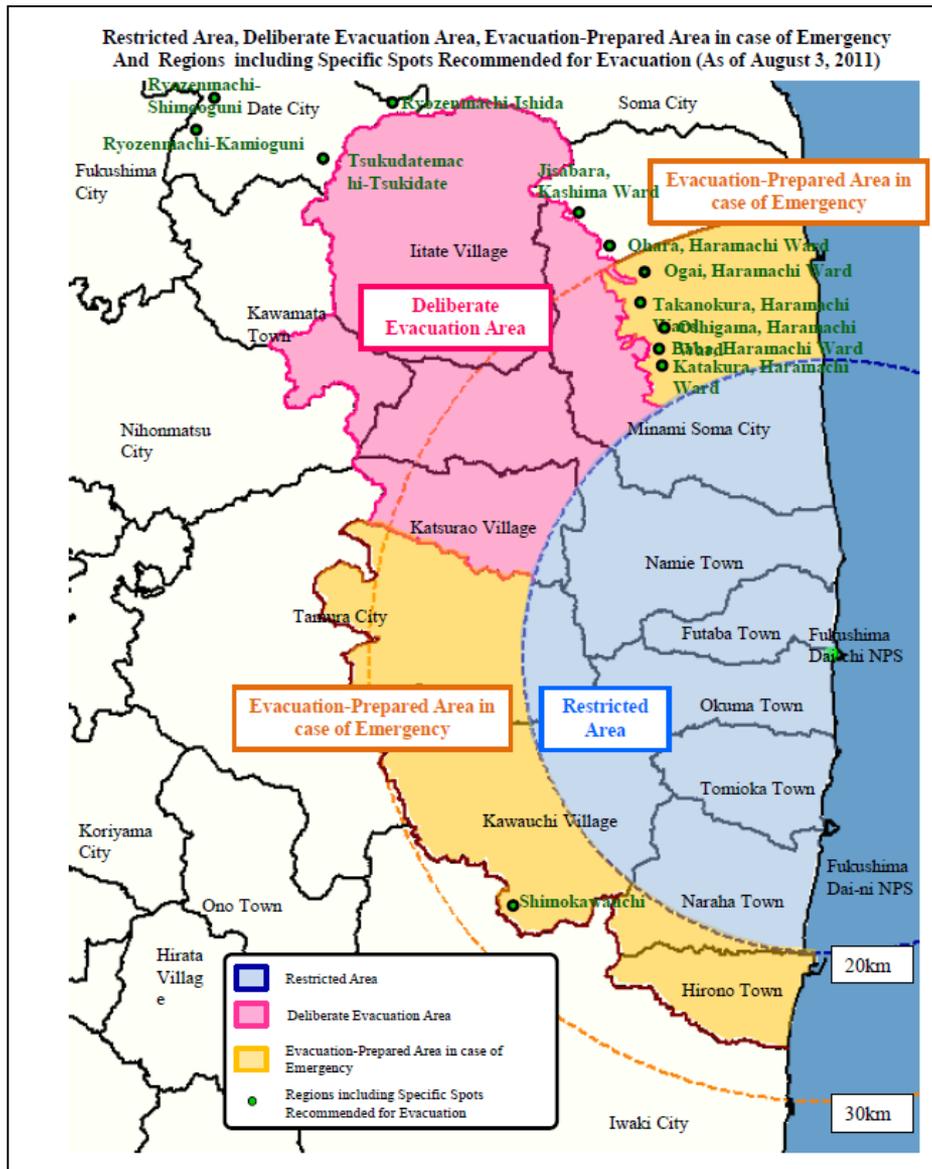


Fukushima Dai-ichi NPP



(Source: MEXT)

Evacuation Status of Residents in Fukushima



Number of evacuees from designated evacuation areas:

- **Restricted Area:**
about 77,000
 - **Deliberate Evacuation Area:**
about 10,000
 - **Evacuation-Prepared Area:**
about 26,000
-
- Total: about 113,000**

(Source: Cabinet Office, Feb 2012)

From Chernobyl to Fukushima

at the standpoint of radiation health risk management

- *Atomic Bomb survivors' data* and radiation risk analysis with other exposure groups have proved the dose- and age- dependent cancer risk after *external* irradiation for all their life with unlimited latency but no PTSD risk approaches before 1995.
- *Chernobyl data* suggest a dramatic increase of childhood thyroid cancers associated by short-lived radioactive iodines by its *internal* exposure just after the accident and also a psychosocial impact.
- *Fukushima data* suggests the necessity of public health response and of improvement of radiation risk communication beyond the model of LNT.

Fukushima Health Management Survey May 2011

Objectives:

- To monitor long-term health condition of resident in Fukushima and to promote their health
- To investigate whether a long-term low-dose radiation exposure has an effect on their health

Contents:

1. Basic survey (subjects: 2 million all resident in Fukushima)
2. Detailed survey
 - Thyroid examination by ultrasonography (370,000; 0-18 y/o)
 - Comprehensive medical checkups (210,000 ; Evacuees)
 - Mental health and lifestyle survey (210,000 ; Evacuees)
 - Survey on pregnant women and nursing mothers (16,000)

How to analyze radiation dose

Questionnaire

2 3月中旬に滞在した場所と期間についてお聞きします。記入例に就いて、3月11日
から15日までの行動について記入してください。

記入例

- ・滞った時間を表で記載してください。自宅、勤務先、通学先以外の地名は、○○県○○市○○町○○番地○○号○○号まで記入してください。
- ・学校や幼稚園などの場合は、学年だけでもかまいません。
- ・駅内、駅外および屋外に滞在した場合は、駅内の場合は、その建物の建物が
不慮の場合は②、コンクリート造の場合は③と書き添えてください。
ただし、自宅、勤務先については、不慮またはコンクリート造の記載は不要です。
- ・屋外にいた時間を自らの滞在し、その場所について具体的に記載してください。
場所での滞在時間は「滞在場所」に、経路、最終もまとめて記載ください。

| 滞在場所 | 3 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 備考・施設名 |
|------|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|------------------|
| 駅内 | | | | | | | | | | | | | | | | ○○市○○区○○町○○番地○○号 |
| 移動 | | | | | | | | | | | | | | | | ○○市○○区○○町○○番地○○号 |
| 駅外 | | | | | | | | | | | | | | | | ○○市○○区○○町○○番地○○号 |
| 屋外 | | | | | | | | | | | | | | | | ○○市○○区○○町○○番地○○号 |

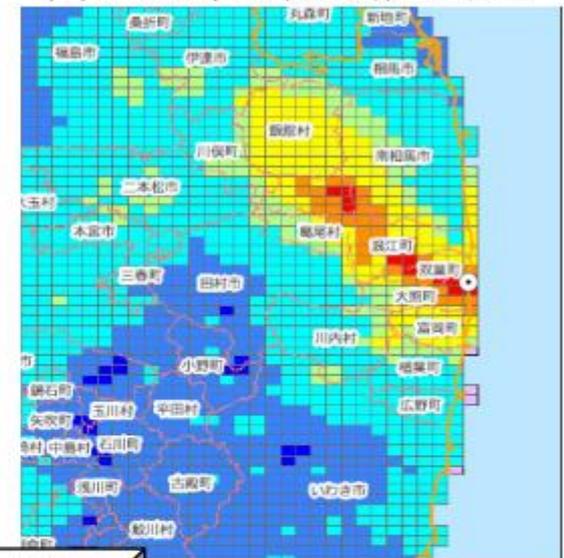
実際の行動を記入してください。

| 滞在場所 | 3 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 備考・施設名 |
|---------|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--------|
| 3/11 駅内 | | | | | | | | | | | | | | | | |
| 3/11 移動 | | | | | | | | | | | | | | | | |
| 3/11 駅外 | | | | | | | | | | | | | | | | |
| 3/12 駅内 | | | | | | | | | | | | | | | | |
| 3/12 移動 | | | | | | | | | | | | | | | | |
| 3/12 駅外 | | | | | | | | | | | | | | | | |
| 3/13 駅内 | | | | | | | | | | | | | | | | |
| 3/13 移動 | | | | | | | | | | | | | | | | |
| 3/13 駅外 | | | | | | | | | | | | | | | | |

Movement & behavior 調査



Time-course of air dose map



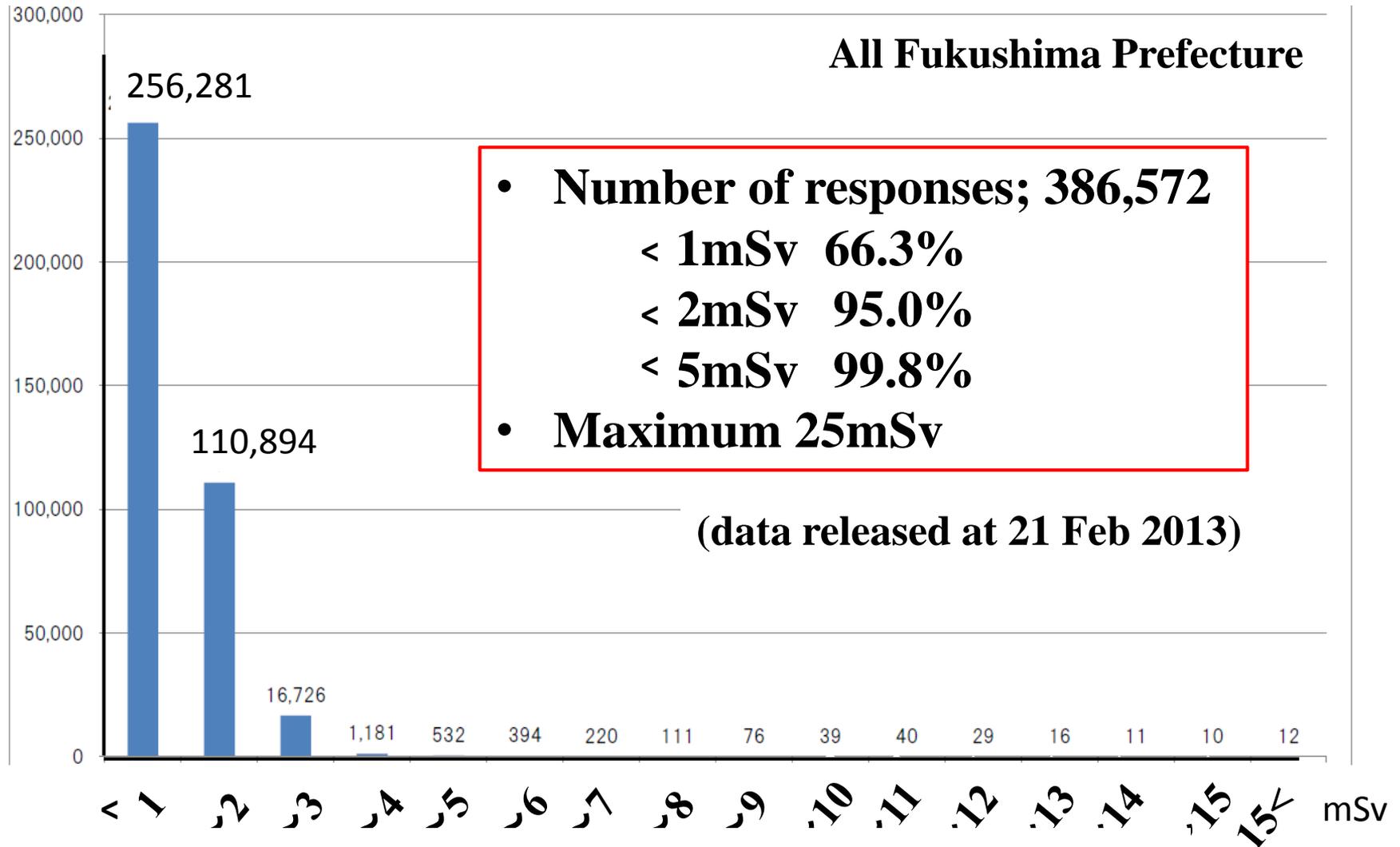
Estimation dose
calculating combined
above two information
by NIRS

To help understanding
of individual first 4M dose

To help understanding
of radiation-related health risk

To establish database for long-term health management

Distribution of External Exposure Dose (mSv) (Estimated Cumulative effective dose from March 11 to July 11)



Estimated from location and time course on questionnaire

Fukushima's Data

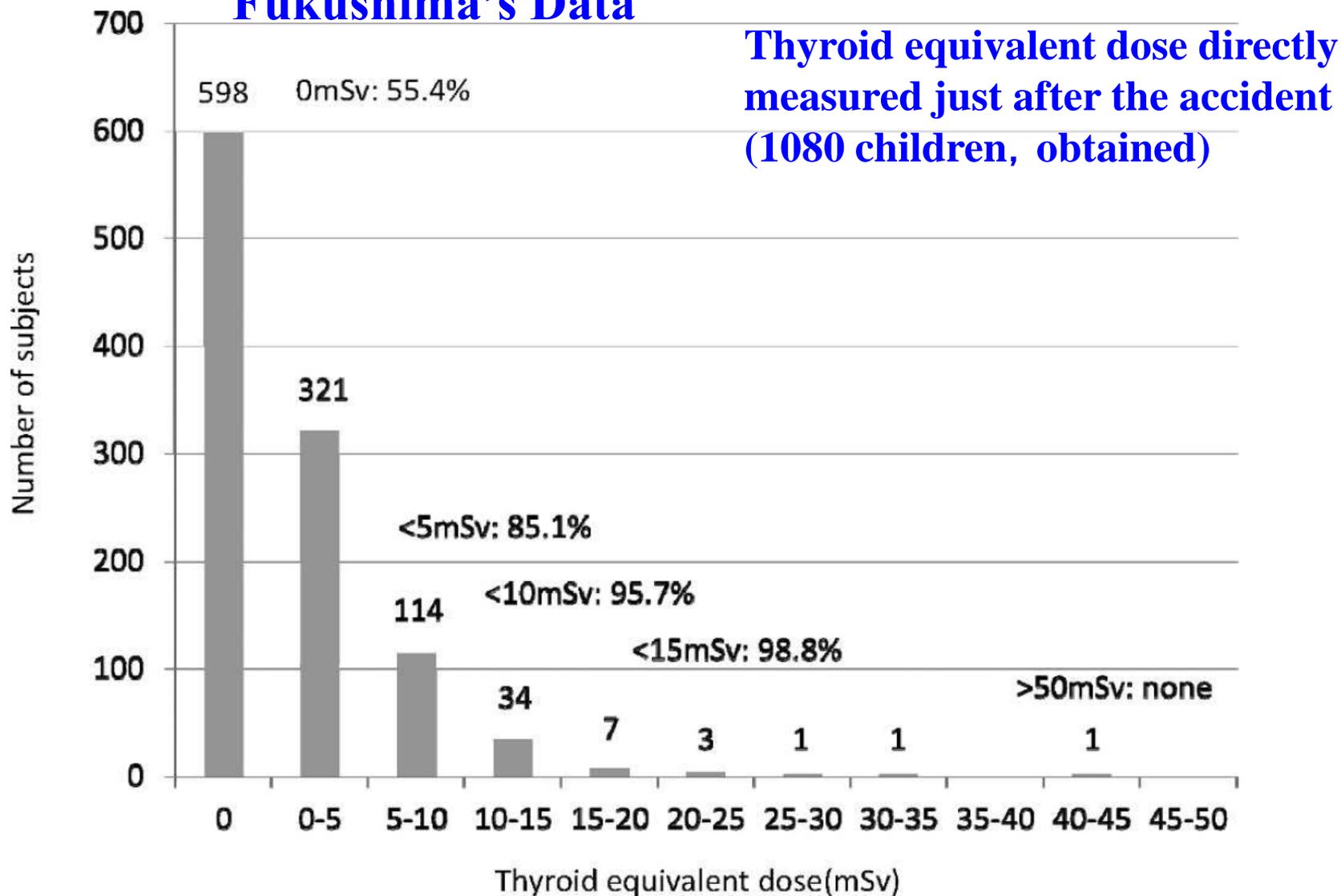
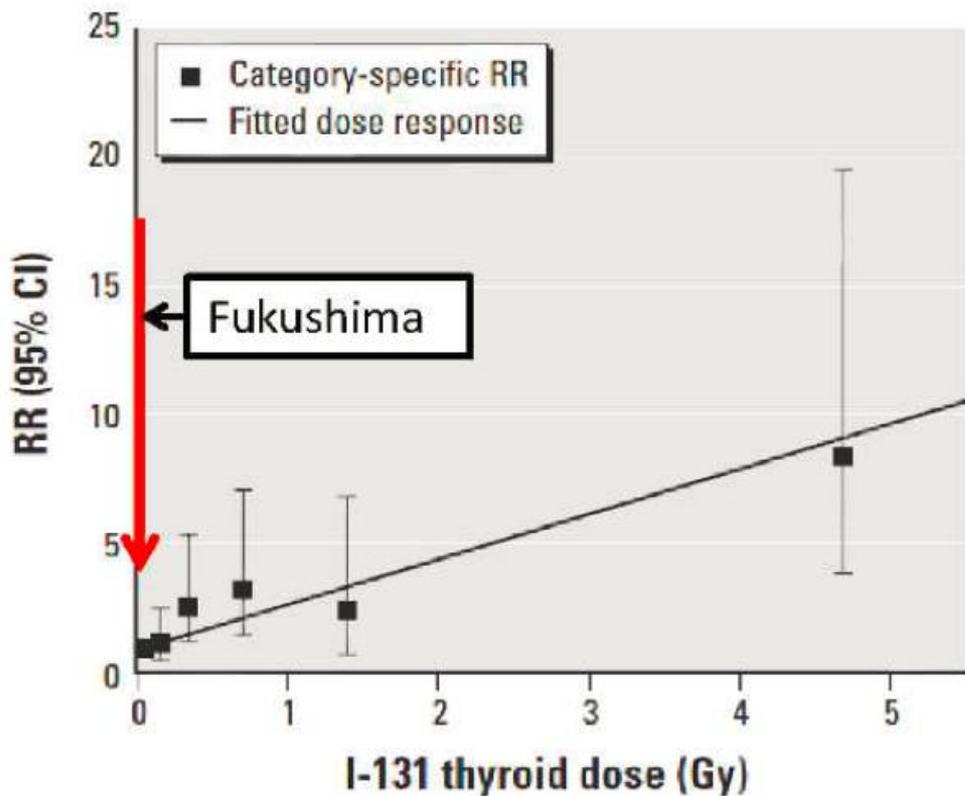


Fig.5 Distribution of thyroid equivalent doses estimated by the results of the screening survey and the intake scenario from March 12, 2011 to the day before measurements.

(a) Different thyroid dose between Ukraine and Fukushima



(b) Different thyroid dose between Belarus and Fukushima

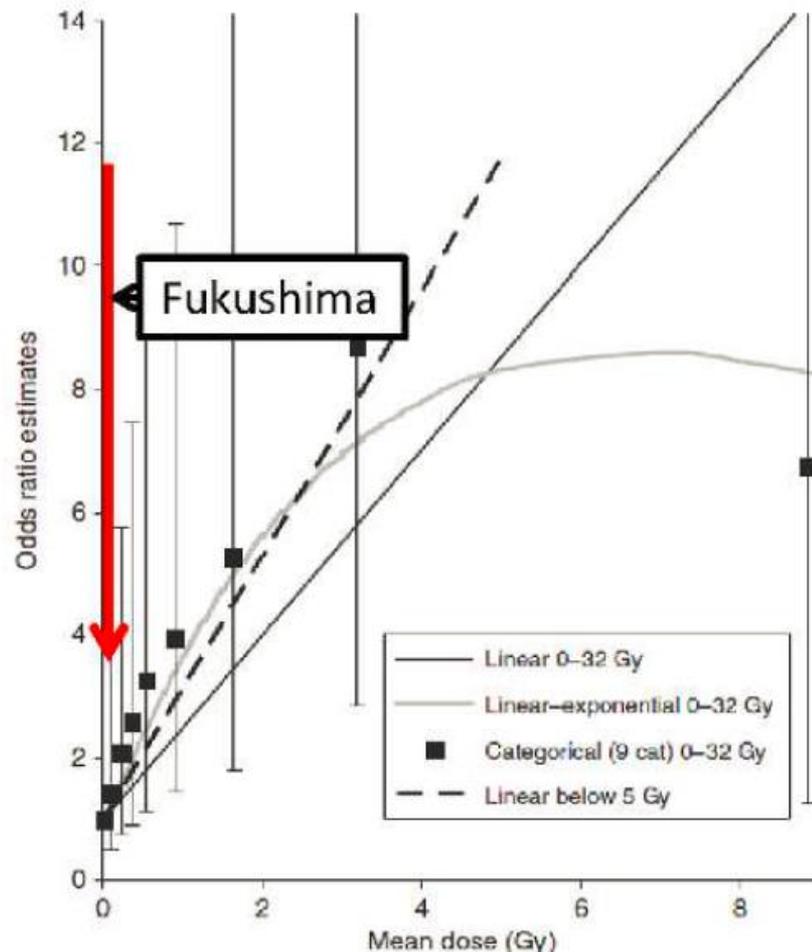


Fig.6. Panel a: Thyroid radiation doses in Fukushima, Ukraine and Belarus in dose-response relationship between thyroid cancer and ¹³¹I. Panel b: Dose-response relationship for the incidence of thyroid cancers. Both figures were modified from two articles (republished with permission, Brenner AV, et al. *Environ Health Perspect* 2011; 119: 933-9 and Zablotska LB, et al. *Br J Cancer* 2011; 104: 181-7).

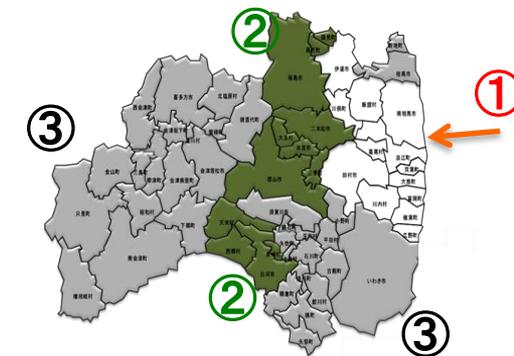
Thyroid Ultrasound Examination Schedule

- **Preliminary Baseline Survey (PBS) subjects: 368,000**

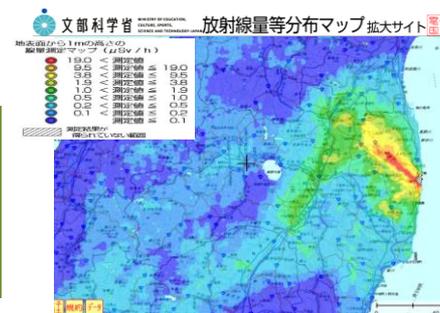
- ① *1st survey: FY2011, from October 2011 to March 2012*
- ② *2nd survey: FY2012, from April 2012 to March 2013*
- ③ *3rd Survey: FY2013, from April 2013 to March 2014*

- **Full scale survey (FSS) subjects: 380,000**

- ① *1st survey: FY2014, from April 2014 to March 2015*
- ② *2nd survey: FY2015, from April 2015 to March 2016*



The full-scale survey will then continue every two years for each subject until the age of 20, then every five years thereafter for the remainder of each subject's life.

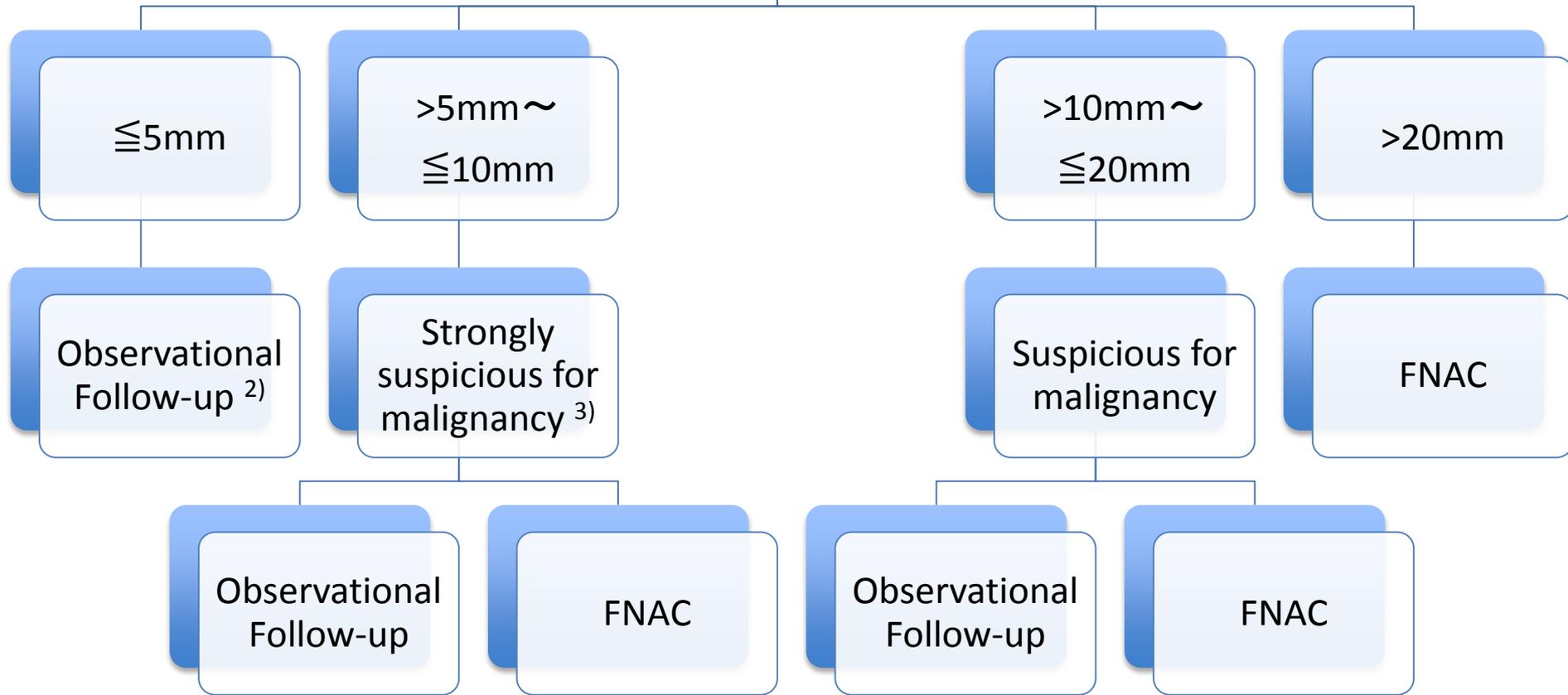


TUE was performed first on those who were living in high-exposure areas at the time of the accident.

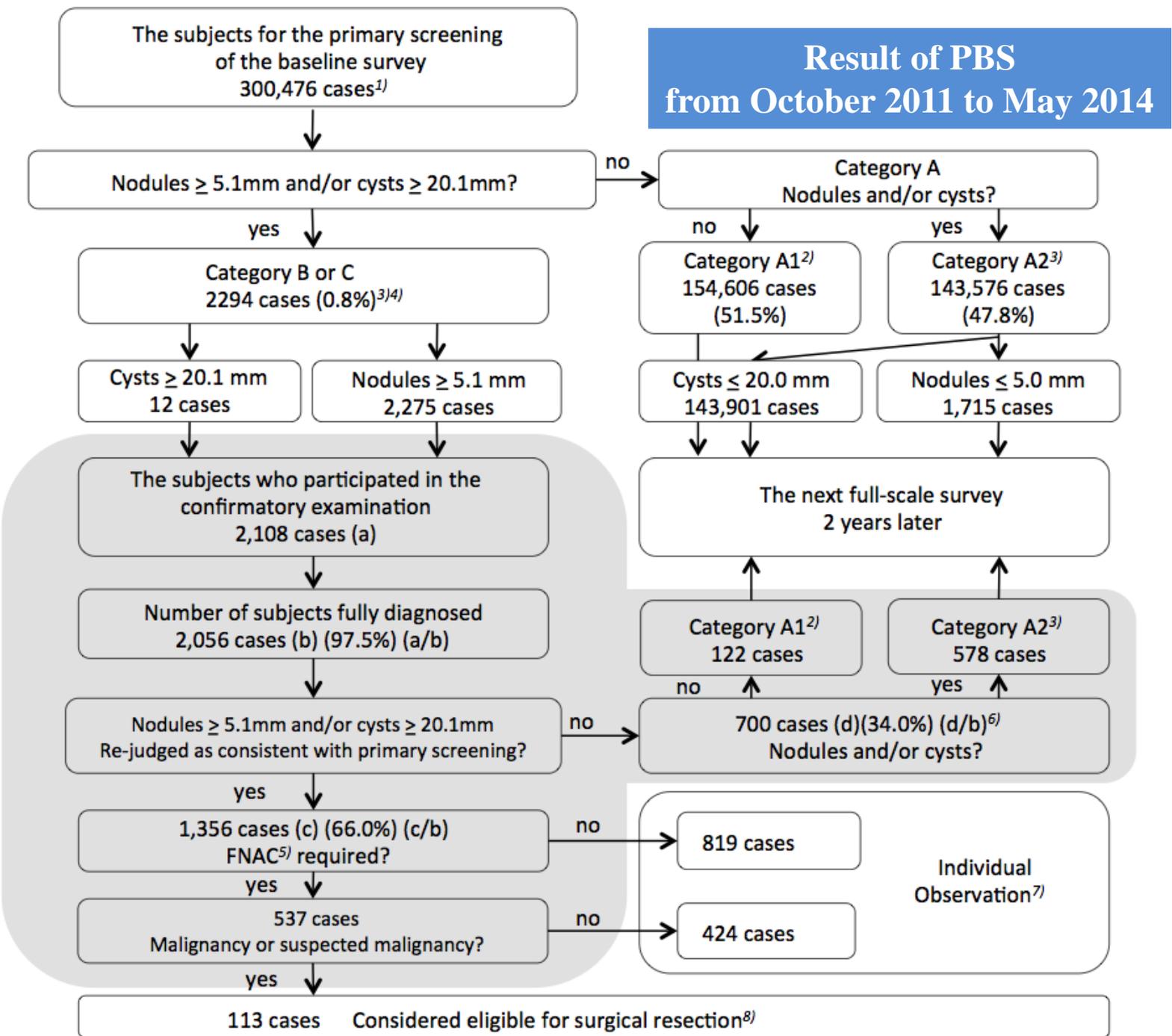
*Diagnostic Flowchart
on Thyroid nodules/cysts*

Solid lesion ¹⁾

*Quality Control of
Ultrasound Diagnosis*



Standardized Diagnostic Protocol



Geographical and Yearly Differences of Childhood Thyroid Cancer in Fukushima

Air-born dose

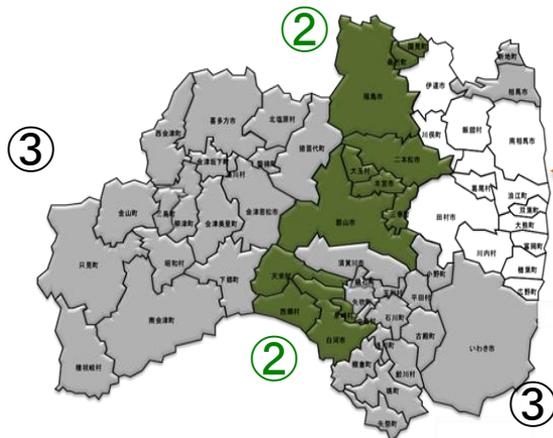


RH

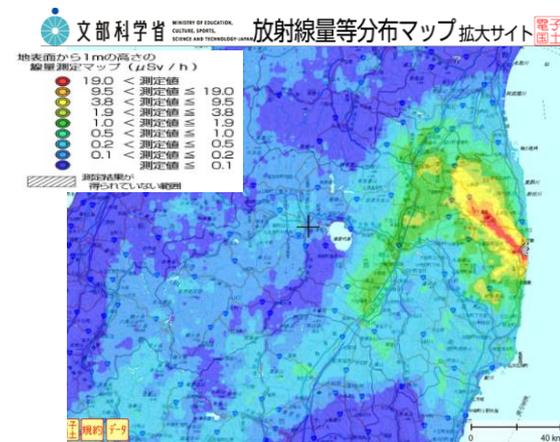
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| | | Fiscal Year | Number of examinees | Malignancy suspected | Ratio of Malignancy (%) |
|--|---|-------------|---------------------|----------------------|-------------------------|
| | ① | 2011FY | 41,810 | 15 | 0.036 |
| | ② | 2012FY | 139,338 | 56 | 0.040 |
| | ③ | 2013FY | 119,328 | 42 | 0.035 |
| | | 合計 | 300,476 | 113 | 0.037 |



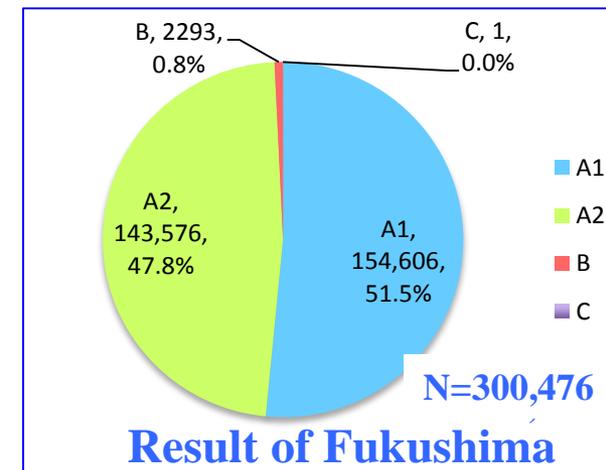
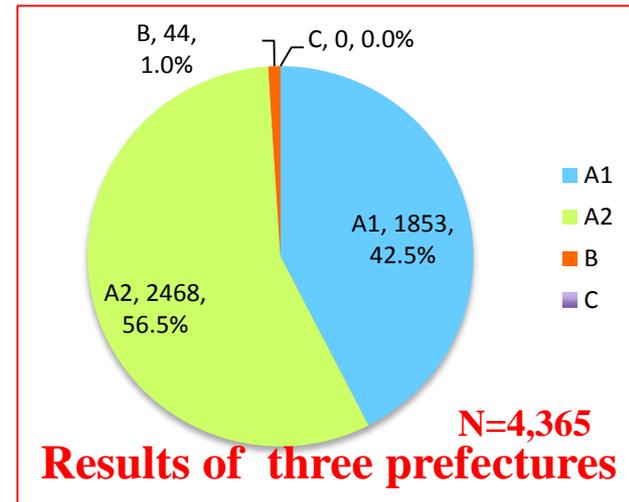
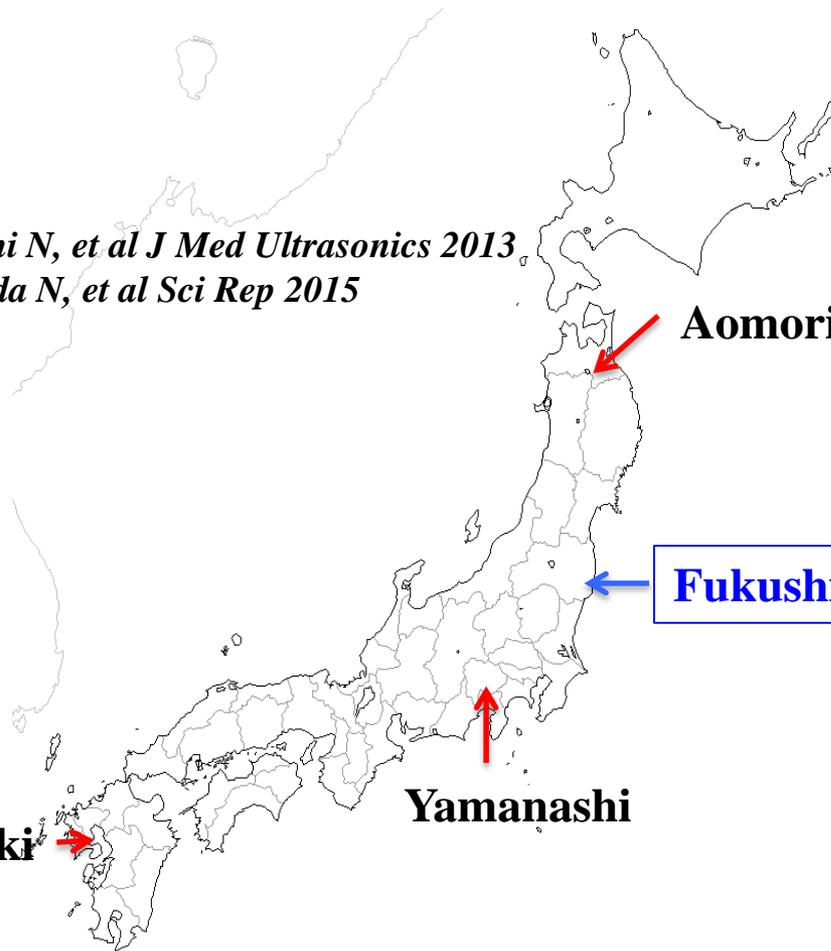
From October 2011



Thyroid ultrasound findings in children from three prefectures: Aomori, Yamanashi, and Nagasaki

To obtain comparative data for increasing A2 in Fukushima, the Ministry of Environment entrusted the Japan Association of Breast and Thyroid Sonology (JABTS) to perform thyroid examinations by the same method used in Fukushima Prefecture.

*Taniguchi N, et al J Med Ultrasonics 2013,
Hayashida N, et al Sci Rep 2015*



Malignant or suspicious cases detected by US-FNAB in Fukushima

March 31, 2015

| | |
|--------------------------------|--|
| Number of cases (FY 2011-2013) | <u>Total 112</u> |
| Gender | Male: 38 Female: 74 |
| Mean age (SD, min-max) | 17.2 years (± 2.7 , 8-22) <i>at the time of diagnosis</i> |
| | 14.8 years (± 2.6 , 6-18) <i>at the time of the disaster</i> |
| Mean tumor size (SD, min-max) | 14.2 mm (± 7.8 , 5.1-45.0) |

Pathological diagnosis of 99 surgical cases

- 1 benign nodule
- 95 papillary thyroid carcinomas
- 3 poorly differentiated carcinoma

68 Operated Thyroid Cancer Cases -clinico-pathological and genetic findings-

- Age and sex at operation; 17.3 ± 2.8 (M22, F 46)
- Tumor size; 14.7 ± 9.2 mm
- Histology; CP61, FV2, CMV4, PD1
- TNM classification; pT1/2 37, pT3 31; pN0 15, pN1a or 1b 52; M0 65, M1 2; pEx0 36, pEx1 32
- Genetic mutation;
Braf^{V600E} 43 (63.2%), H-Ras 0, K-Ras 0, N-Ras 0, Ret/PTC1 6 (8.8%), Ret/PTC3 1 (1.5%), ETV6(ex4)/NTRK 4 (5.9%), ETV6(ex5)/NTRK 0, AKAP9/Braf 0, TERT C250T 0, TERT C228T 0

Summary

How to interpret the 137 cases of childhood/adolescent thyroid cancer detected in Fukushima in the past four years (2011-2014)

due to sophisticated US Mass Screening from neonates to young adolescence

Screening Bias/Harvest Effect

Latency and Dose; Fukushima < Chernobyl

Unlikely due to radiation exposure

Basal prevalence of thyroid cancer?

**Overdiagnosis?
Overtreatment?**

unnecessary examination?
indolent tumor?
life-time asymptomatic
microcarcinoma PTC?

- **merits and demerits of
early diagnosis by US screening-**

|| ||

5~10mm in tumor size;
*indication of FNA cytology
*watch and wait strategy

Thyroid Highlights in Fukushima

- **Out of the 2 million residents in Fukushima, there were about 367,000 children and adolescents aged less than 18 years at the time of the FNPP accident. *Because of the urgent requests from the public, and the central and local governments, thyroid ultrasound examination was implemented for neonates, infants, children, and adolescents to address fear and anxiety about thyroid cancer risk.***
- **Although the risk of radiation-associated health consequences in Fukushima is considerably low based on the estimated radiation doses individuals received during the accident, *a high prevalence of childhood and adolescent thyroid cancers detected by a mass screening aggravates negatively radiation fear and anxiety.***
- **It is, therefore, critically important to explain the current prevalence of thyroid cancers in Fukushima to the public correctly as a mass screening effect but not as epidemic due to direct linkage of radiation-induced.**

(ASCO Daily News Article June 2016; <http://bit.ly/1UhYswE>)

Radiation Medical Science Center for the Fukushima Health Management Survey, Fukushima Medical University

We share the survey results with the global community,
developing and strengthening collaboration with
international research organizations and relevant institutes
for radiation safety and protection.

MORE



Fukushima
Prefecture



Fukushima
Medical University



Future
From
Fukushima.

ふくしまから
はじめよう。

News

- 2016-06-07 **NEW!** Proceedings of the 23rd Prefectural Oversight Committee Meeting for Fukushima Health Management Survey
- 2016-05-26 **NEW!** 5th International Expert Symposium in Fukushima will be held on September 26, 27
- 2016-03-11 8 March 2016 Five Years After the Triple Disaster of March 11, 2011, FMU Held an International Symposium
- 2016-02-16 Proceedings of the 22nd Prefectural Oversight Committee Meeting for Fukushima Health Management Survey
- 2016-01-22 12-13 Dec 2015 International Workshop on the Fukushima Dialogue Initiative
- 2015-12-14 10-11 Nov 2015 STS Technical Meeting in Nagasaki
- 2015-12-03 Proceedings of the 21st Prefectural Oversight Committee Meeting for Fukushima Health Management Survey
- 2015-11-27 27 Nov 2015 IAEA releases a free online learning platform based on a Train-the-Trainers Workshop held at FMU
- 2015-11-04 22 Oct 2015 UNSCEAR Published Fukushima 2015 White Paper
- 2015-10-16 17 Sep 2015 Report on the KHNP-RHI International Seminar 2015
- 2015-09-14 14 Sep 2015 International Commission on Radiological Protection leaders visited FMU
- 2015-09-12 12-13 Sep 2015 The 12th Dialogue Seminar
- 2015-09-03 3 Sep 2015 Specialists from Korea Hydro and Nuclear Power visited FMU
- 2015-09-01 Proceedings of the 20th Prefectural Oversight Committee Meeting for Fukushima Health Management Survey released
- 2015-08-29 29 Aug 2015 The Japanese Association for Radiation Accident/Disaster Medicine (JARADM) convened its 3rd national meeting at FMU
- 2015-08-27 29 Jul 2015 and 27 Aug 2015 World Bank officials visit FMU

Report of the
Fukushima Health
Management Survey
(FY 2011-2013)
revised version (June 12, 2015)



Message from Visitors

Contacts

Contacts

For questions or
concerns, please send
email to
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The Radiation Medical Science Center accepts individual and institutional donations to carry out its public outreach, research projects in the field of low dose radiation effects on human