



Radiation and Health Effects

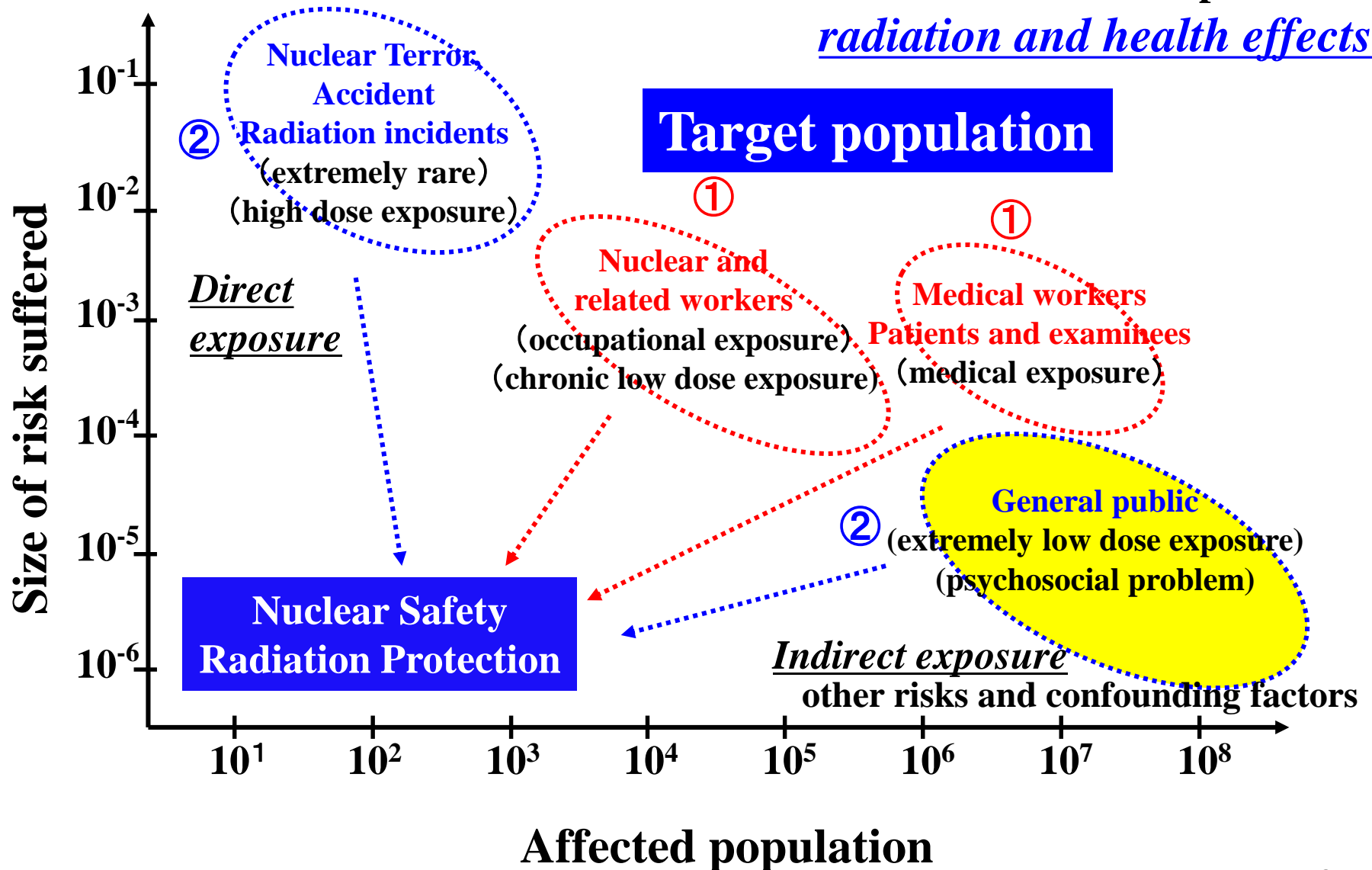
*A gap of understanding between real radiation health risk and
public risk perception beyond the accumulated scientific knowledge*

Shunichi Yamashita, MD, PhD.

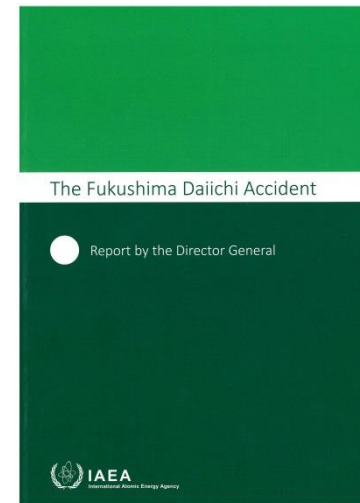
Nagasaki University and Fukushima Medical University, JAPAN

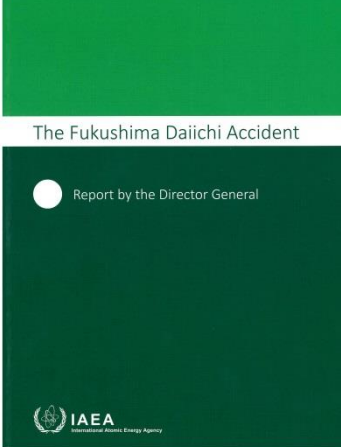


Different approaches needed for the targeted population
based on dose and pattern of radiation exposure
to evaluate the relationship between
radiation and health effects



The Fukushima Daiichi Accident reported by the Director General 2015, pp208, IAEA

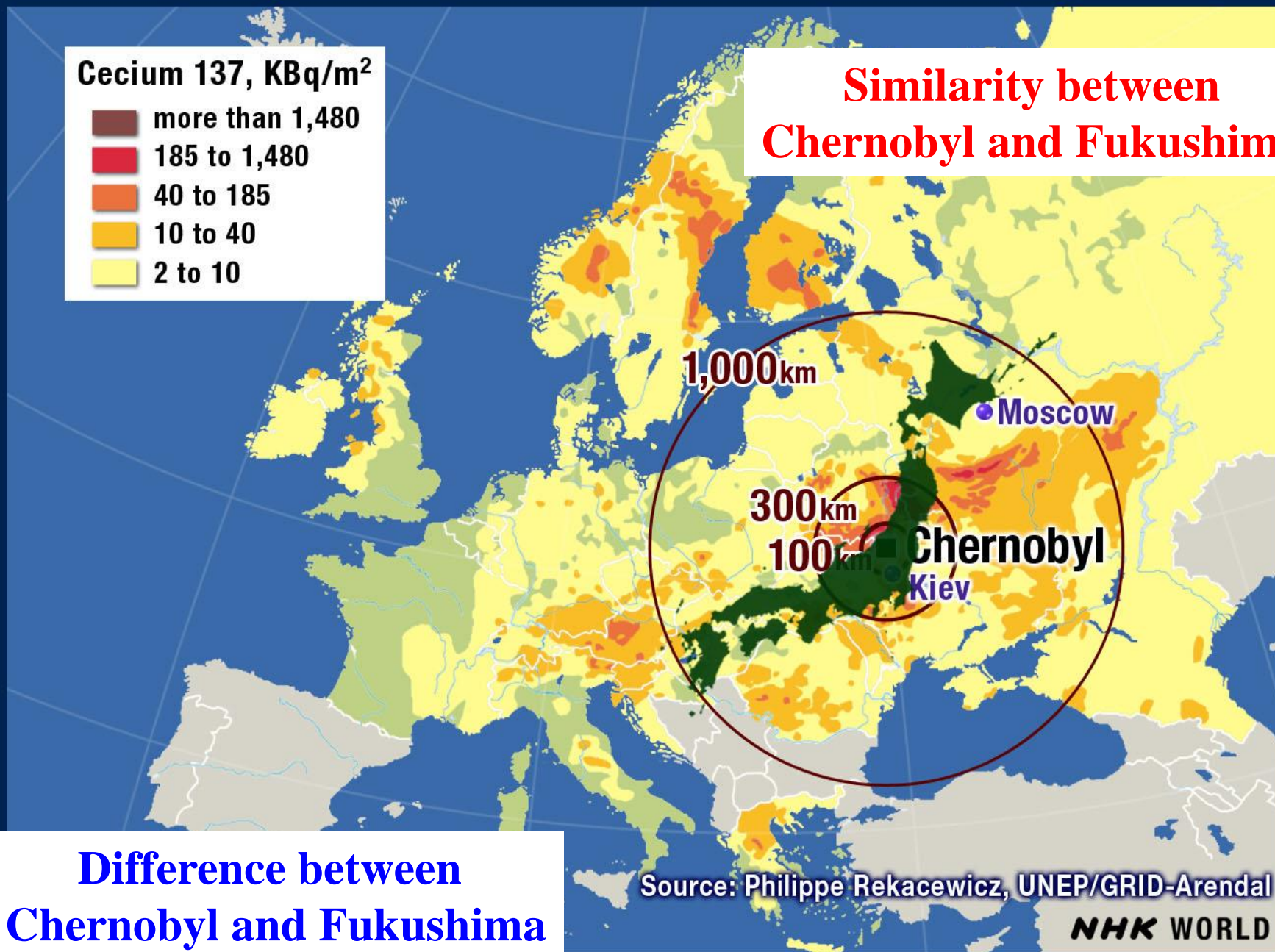


<h1>The Fukushima Daiichi Accident reported by the Director General 2015, pp208, IAEA</h1>							
Section 1: Introduction	The Report on the Fukushima Daiichi Accident						
Section 2: The accident and its assessment	Description of the accident	Nuclear safety considerations	Technical Volumes 1&2				
Section 3: Emergency preparedness and response	Initial response in Japan to the accident	Protecting emergency workers		Protecting the public	Transition from the emergency phase to the recovery phase and analyses of the response	Response within the international framework for emergency preparedness and response	Technical Volumes 3
Section 4: Radiological consequences	Radioactivity in the environment	Protecting people against radiation exposure		Radiation exposure	Health effects	Radiological consequences for non-human biota	Technical Volumes 4
Section 5: Post-accident recovery	Off-site remediation of areas affected by the accident	One-site stabilization and preparations for de-commissioning		Management of contaminated material and radioactive waste	Community revitalization and stakeholder engagement	Technical Volumes 5	
Section 6: The IAEA response to the accident	IAEA activities	Meetings of the contracting Parties to the Convention on Nuclear Safety	Technical Volumes 1 & 3	<div>● WHO Preliminary Report 2012, 2013 -Dose Estimates and Risk Assessments-</div> <div>● UNSCEAR Fukushima Report 2013, 2015</div>			

Cesium 137, KBq/m²



**Similarity between
Chernobyl and Fukushima**

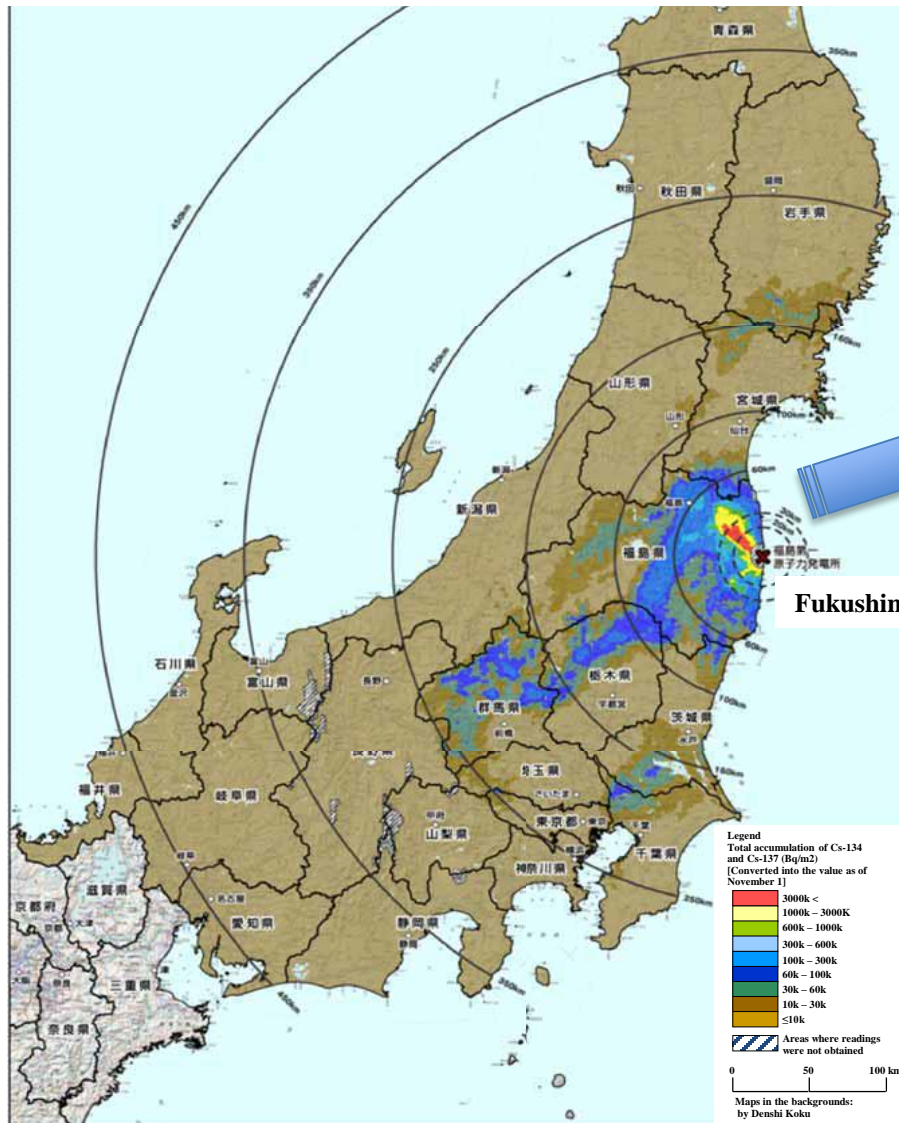


**Difference between
Chernobyl and Fukushima**

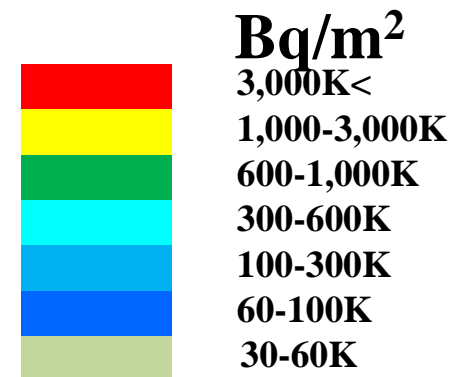
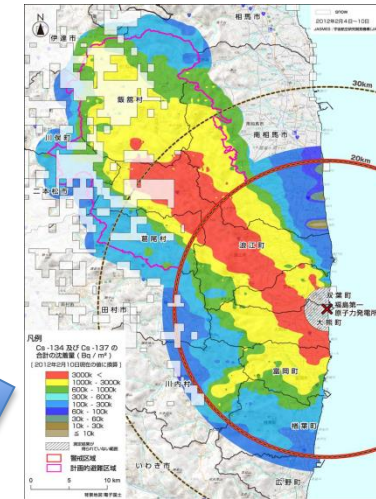
Source: Philippe Rekacewicz, UNEP/GRID-Arendal

NHK WORLD

Results of the Airborne Monitoring Survey by MEXT as of November 1, 2011 (Total accumulation of Cs-134 and Cs-137 on the ground surface)

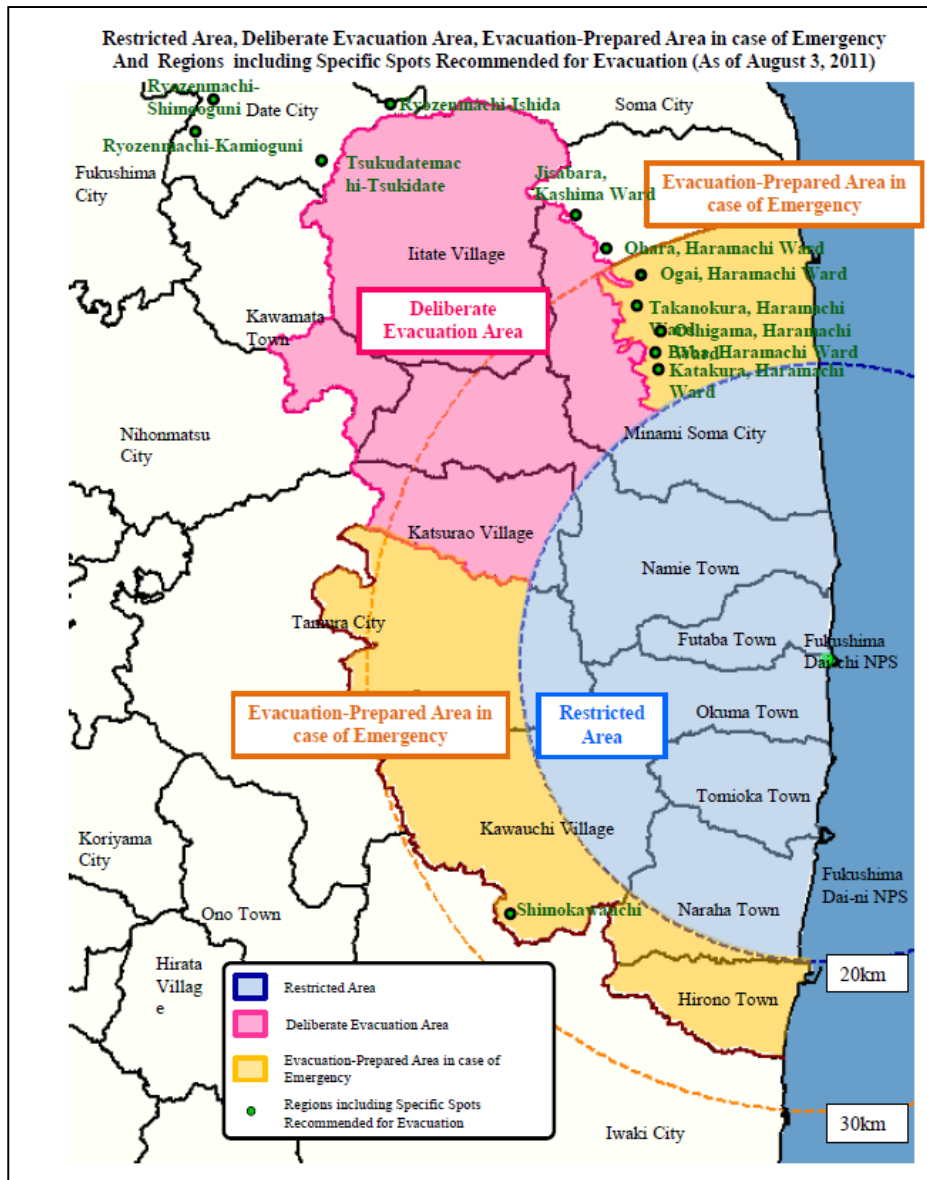


Fukushima Dai-ichi NPP



(Source: MEXT)

Evacuation Status of Residents in Fukushima



Number of evacuees from designated evacuation areas:

- **Restricted Area:**
about 77,000
 - **Deliberate Evacuation Area:**
about 10,000
 - **Evacuation-Prepared Area:**
about 26,000
-
- Total: about 113,000**

(Source: Cabinet Office, Feb 2012)

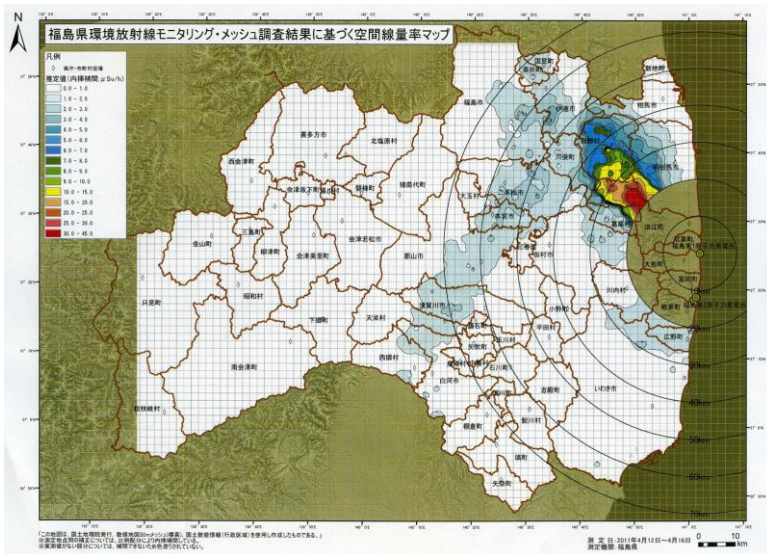
From Chernobyl to Fukushima

at the standpoint of radiation health risk management

- *Atomic Bomb survivors' data* and radiation risk analysis with other exposure groups have proved the dose- and age- dependent cancer risk after *external* irradiation for all their life with unlimited latency but no PTSD risk approaches before 1995.
- *Chernobyl data* suggest a dramatic increase of childhood thyroid cancers associated by short-lived radioactive iodines by its *internal* exposure just after the accident and also a psychosocial impact.
- *Fukushima data* suggests the necessity of public health response and of improvement of radiation risk communication beyond the model of LNT.

Fukushima Health Management Survey

- The design of the health management was planned in May, 2011, which was divided into two categories: **a basic survey** of dose estimates for all the residents and **further HEALTH examination** of target populations.
- The objectives are to watch over a long-term health condition of residents in Fukushima and to promote their health and welfare.
- If exists, it is also aimed to investigate whether a long-term low-dose rate radiation exposure has an effect on their health or not.



至8月10日現在

Fukushima Health Management Survey May 2011

Objectives:

- To monitor long-term health condition of resident in Fukushima and to promote their health
- To investigate whether a long-term low-dose radiation exposure has an effect on their health

Contents:

1. Basic survey (subjects: 2 million all resident in Fukushima)
2. Detailed survey
 - Thyroid examination by ultrasonography (370,000; 0-18 y/o)
 - Comprehensive medical checkups (210,000 ; Evacuees)
 - Mental health and lifestyle survey (210,000 ; Evacuees)
 - Survey on pregnant women and nursing mothers (16,000)

How to analyze radiation dose

Questionnaire

2 3月中旬に滞在した場所と期間についてお聞きします。記入例に倣って、3月11日
から15日までの行動について記入してください。

記入例

- ・滞在した場所を表で記載してください。自宅、勤務先、通学先等以外の地名は、
○○市○○区丁○○番地、○○町○○丁目○○番地と記入してください。
- ・学校や会社等滞り続けた場合は、住所だけで構いません。
- ・室内、通勤路上や野外にいた場合は、室内の場合は、その建物の種類が
不明の場合は①、コンクリート造の場合は②と書き添えてください。
- ・ただし、自宅、勤務先については、別途またはコンクリート造の記載は不要です。
- ・屋外にいた時間と歩道の幅に記入し、その場所について名称を記載してください。
- ・海外での滞在場合は「滞在場所：海外」に、経路、経路もまとめて記載ください。

滞在場所	経路	時間	備考
3/11	室内	8:00 - 17:00	自宅
3/11	通勤	8:00 - 17:00	自宅 → 会社
3/11	野外	17:00 - 18:00	公園
3/12	室内	8:00 - 17:00	自宅
3/12	通勤	8:00 - 17:00	自宅 → 会社
3/12	野外	17:00 - 18:00	公園
3/13	室内	8:00 - 17:00	自宅
3/13	通勤	8:00 - 17:00	自宅 → 会社
3/13	野外	17:00 - 18:00	公園

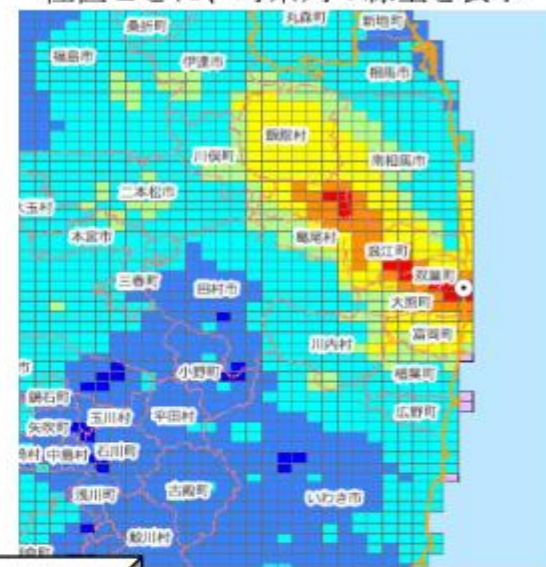
実際の行動を記入してください。

滞在場所	経路	時間	備考
3/11	室内	8:00 - 17:00	自宅
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Movement & behavior 調査



Time-course of air dose map



Estimation dose
calculating combined
above two information
by NIRS

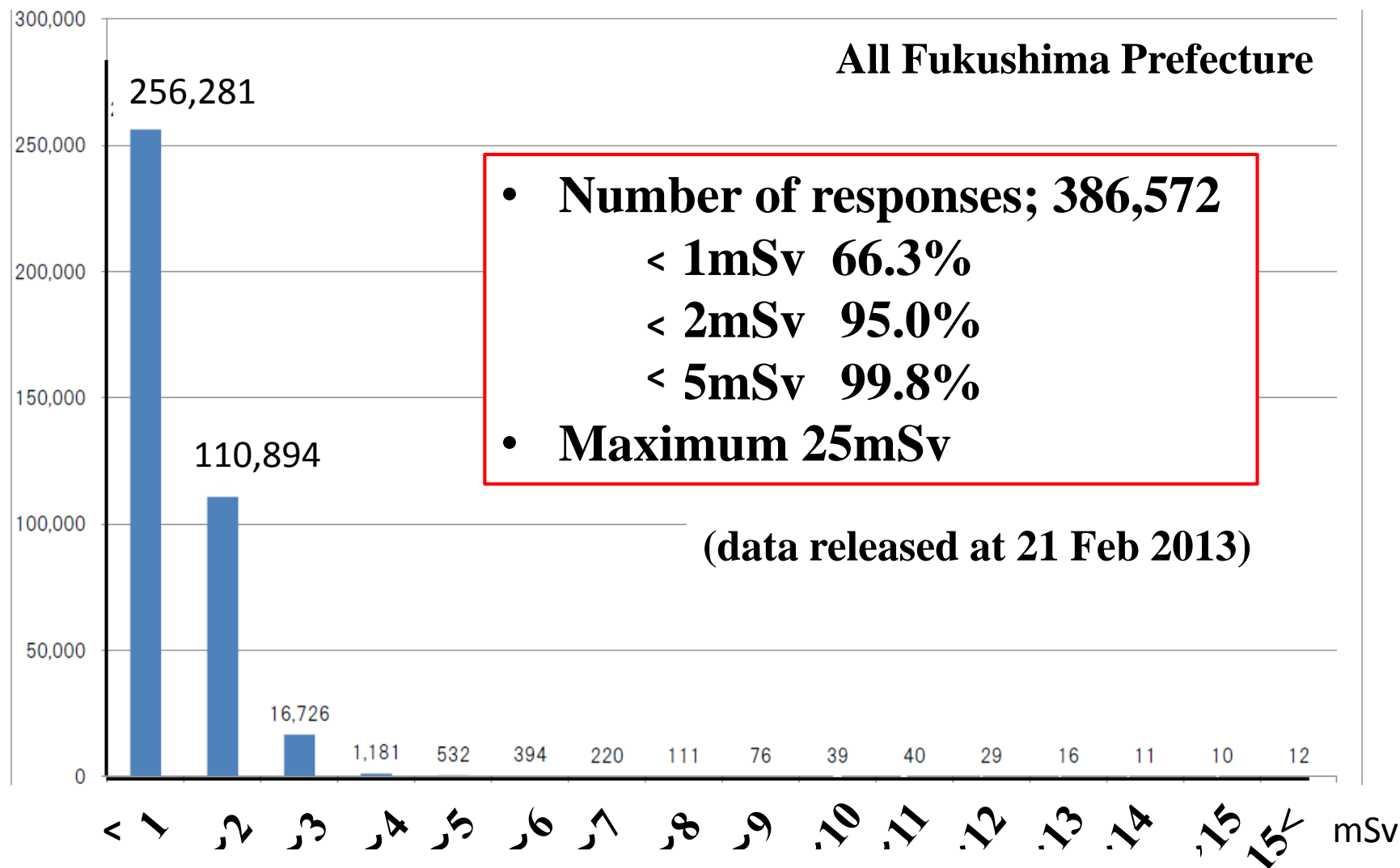
To help understanding
of individual first 4M dose

To help understanding
of radiation-related health risk

To establish database for long-term health management

Distribution of External Exposure Dose (mSv)

(Estimated Cumulative effective dose from March 11 to July 11)



Estimated from location and time course on questionnaire

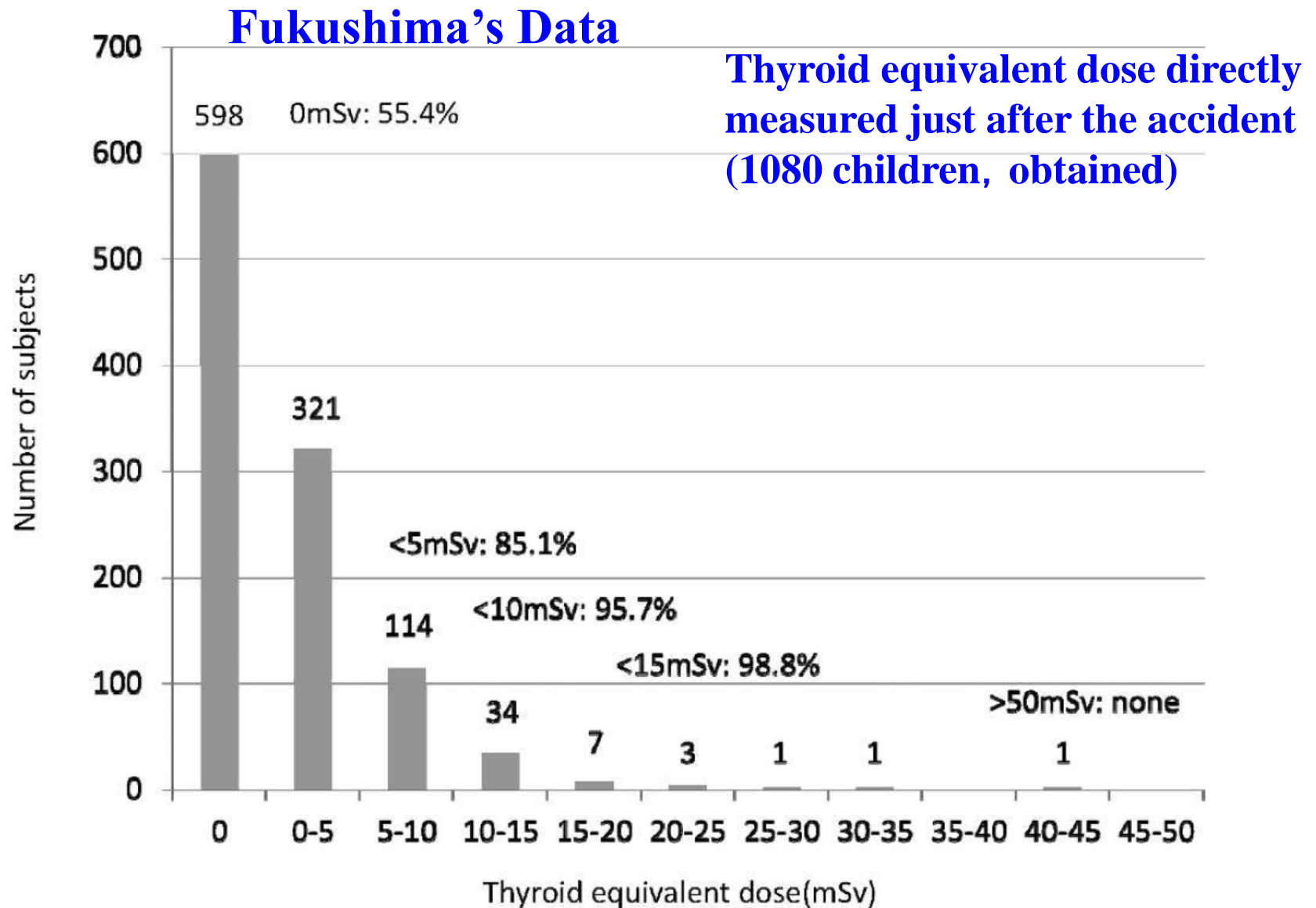
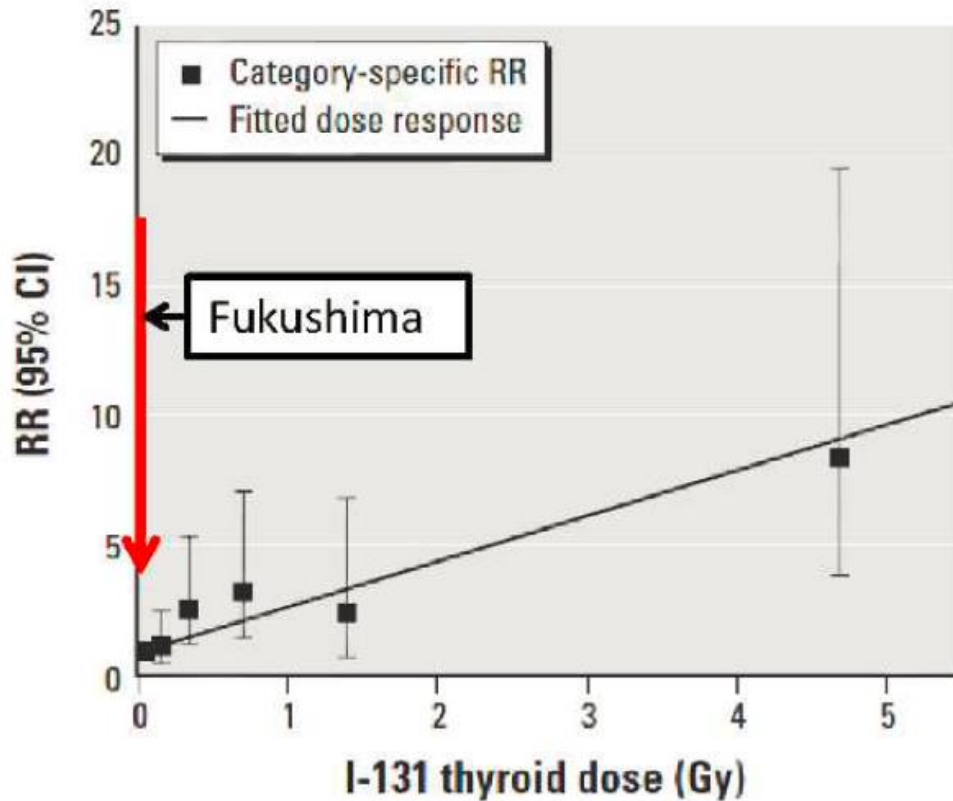


Fig.5 Distribution of thyroid equivalent doses estimated by the results of the screening survey and the intake scenario from March 12, 2011 to the day before measurements.

Different thyroid dose between (a) Ukraine and Fukushima



Different thyroid dose between (b) Belarus and Fukushima

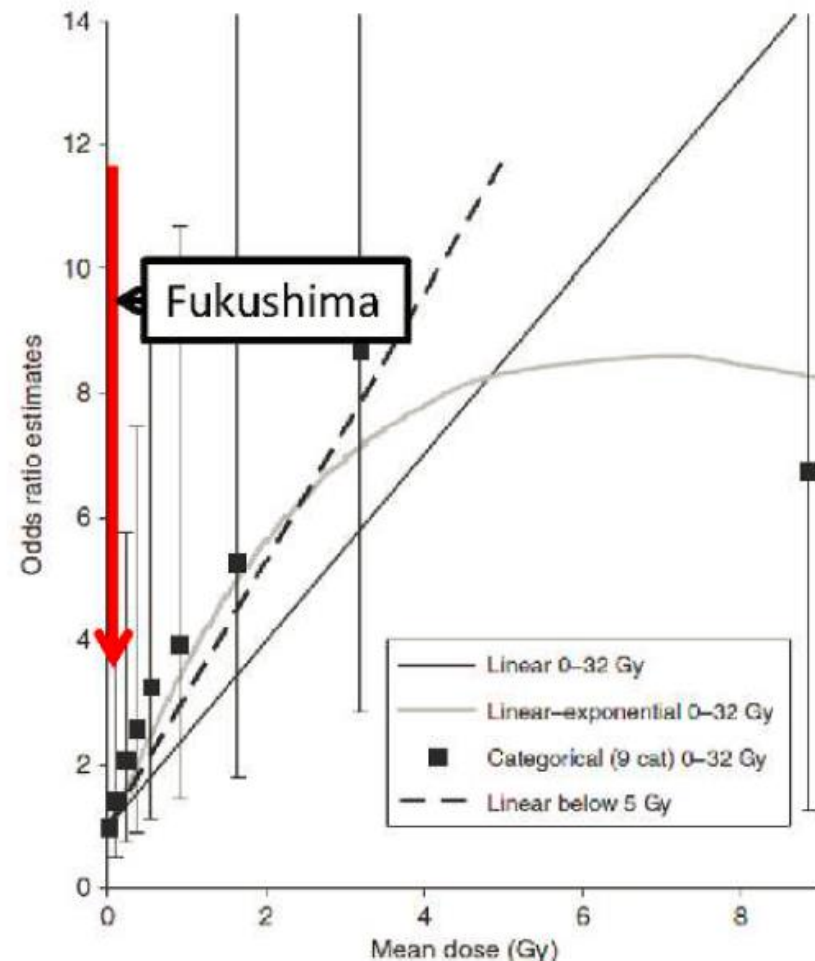


Fig.6. Panel a: Thyroid radiation doses in Fukushima, Ukraine and Belarus in dose-response relationship between thyroid cancer and ^{131}I . Panel b: Dose-response relationship for the incidence of thyroid cancers. Both figures were modified from two articles (republished with permission, Brenner AV, et al. *Environ Health Perspect* 2011; 119: 933-9 and Zablotska LB, et al. *Br J Cancer* 2011; 104: 181-7).

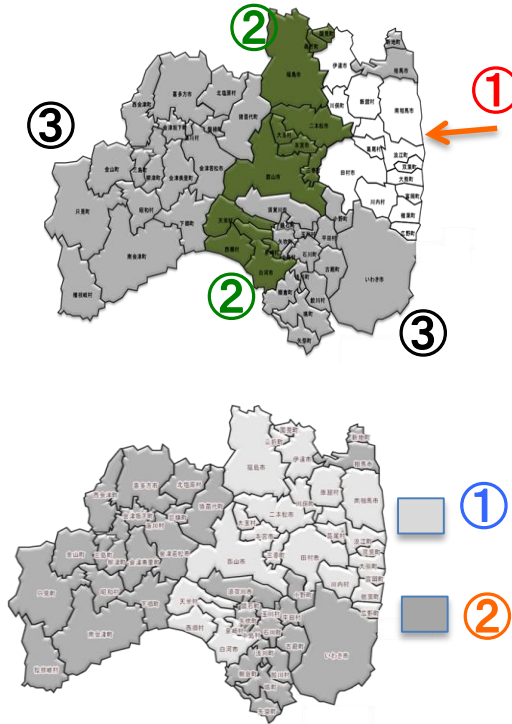
Thyroid Ultrasound Examination Schedule

- Preliminary Baseline Survey (PBS) subjects: 368,000**

- ① *1st survey: FY2011, from October 2011 to March 2012*
- ② *2nd survey: FY2012, from April 2012 to March 2013*
- ③ *3rd Survey: FY2013, from April 2013 to March 2014*

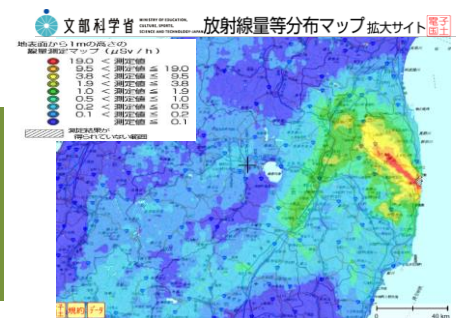
- Full scale survey (FSS) subjects: 380,000**

- ① *1st survey: FY2014, from April 2014 to March 2015*
- ② *2nd survey: FY2015, from April 2015 to March 2016*



↓

The full-scale survey will then continue every two years for each subject until the age of 20, then every five years thereafter for the remainder of each subject's life.

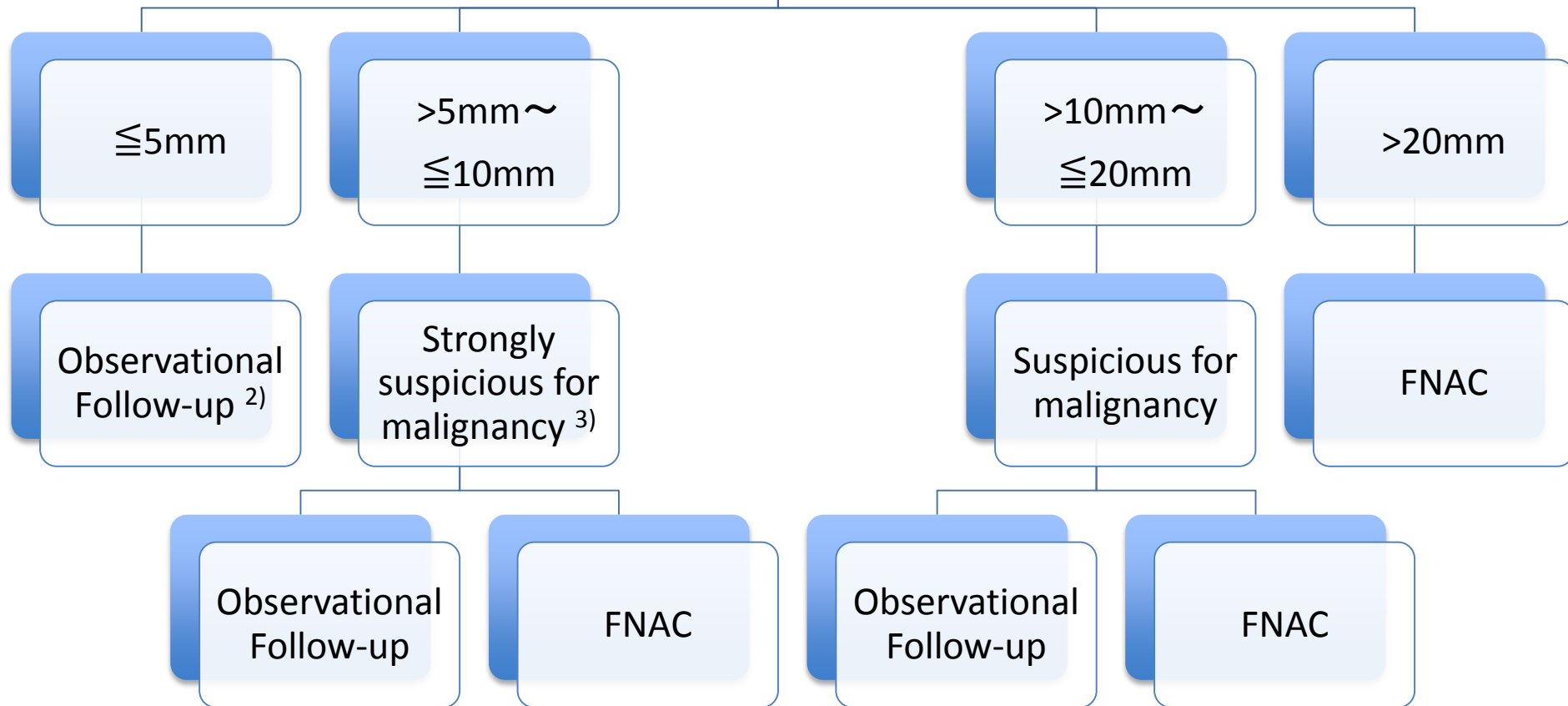


TUE was performed first on those who were living in high-exposure areas at the time of the accident.

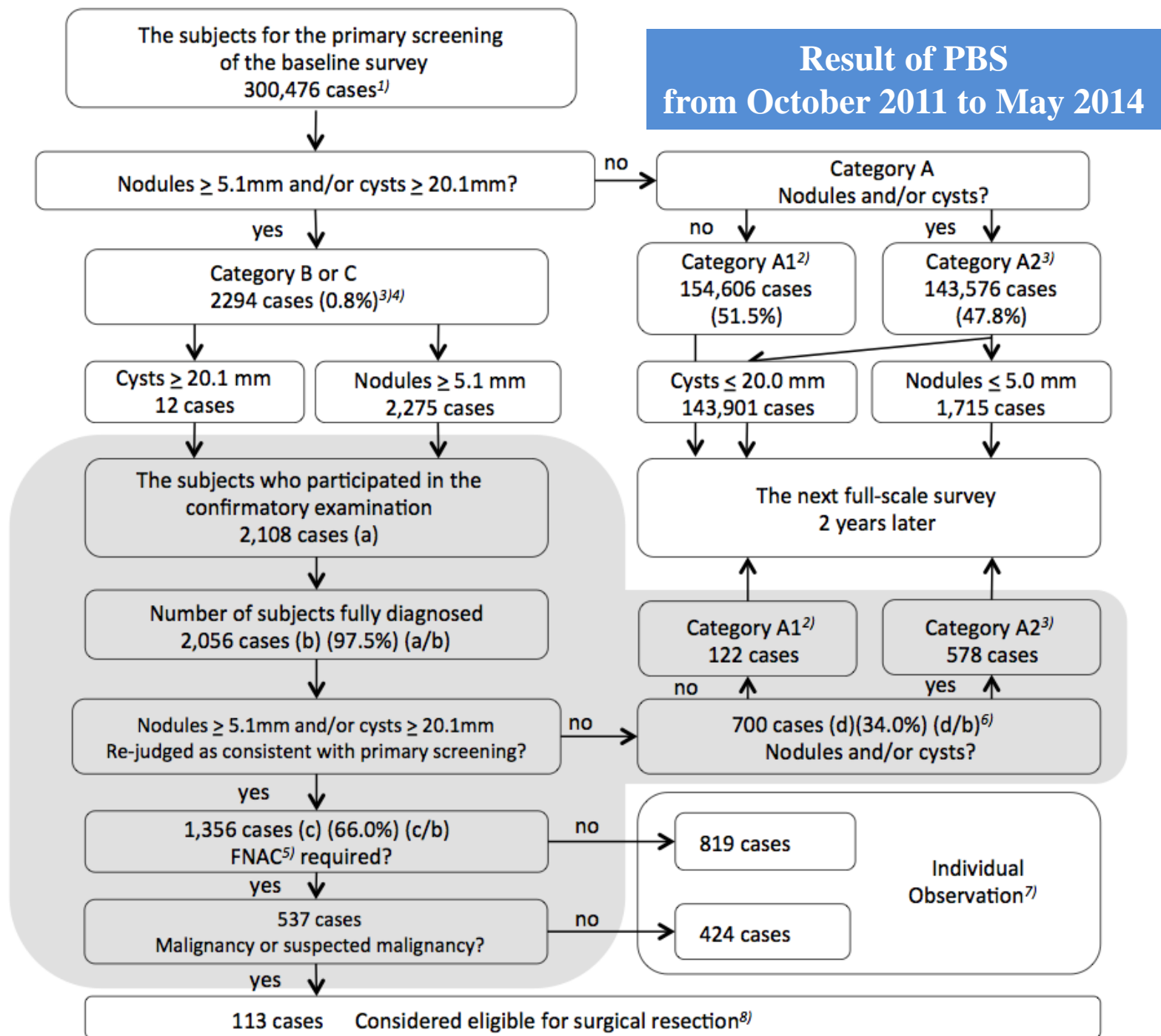
Diagnostic Flowchart on Thyroid nodules/cysts

Solid lesion ¹⁾

Quality Control of Ultrasound Diagnosis



Standardized Diagnostic Protocol



Geographical and Yearly Differences of Childhood Thyroid Cancer in Fukushima

Air-born dose

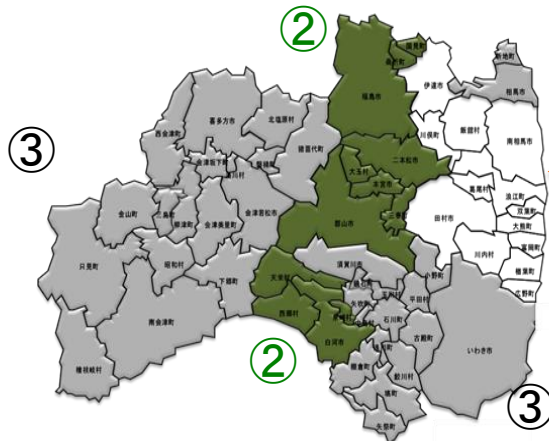


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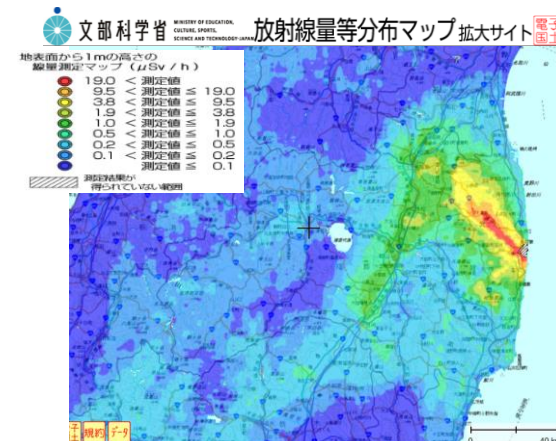
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		Fiscal Year	Number of examinees	Malignancy suspected	Ratio of Malignancy (%)
	①	2011FY	41,810	15	0.036
	②	2012FY	139,338	56	0.040
	③	2013FY	119,328	42	0.035
	合計		300,476	113	0.037

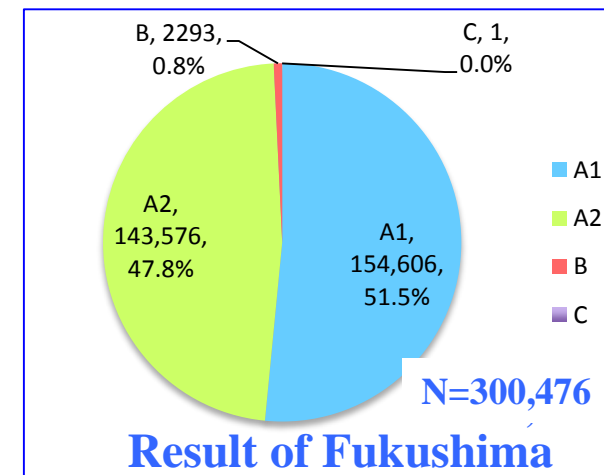
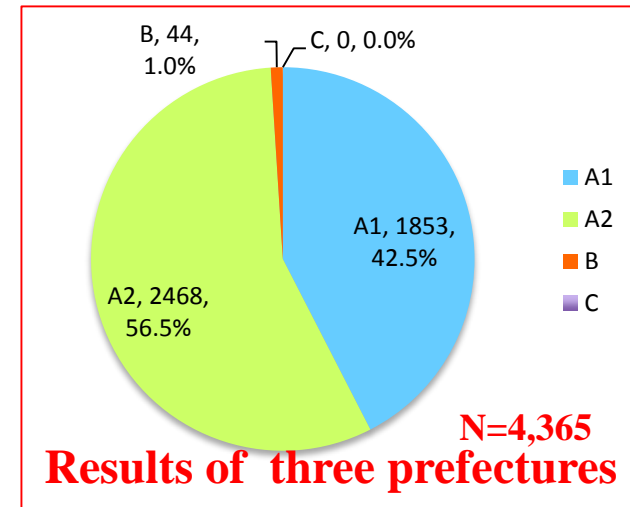
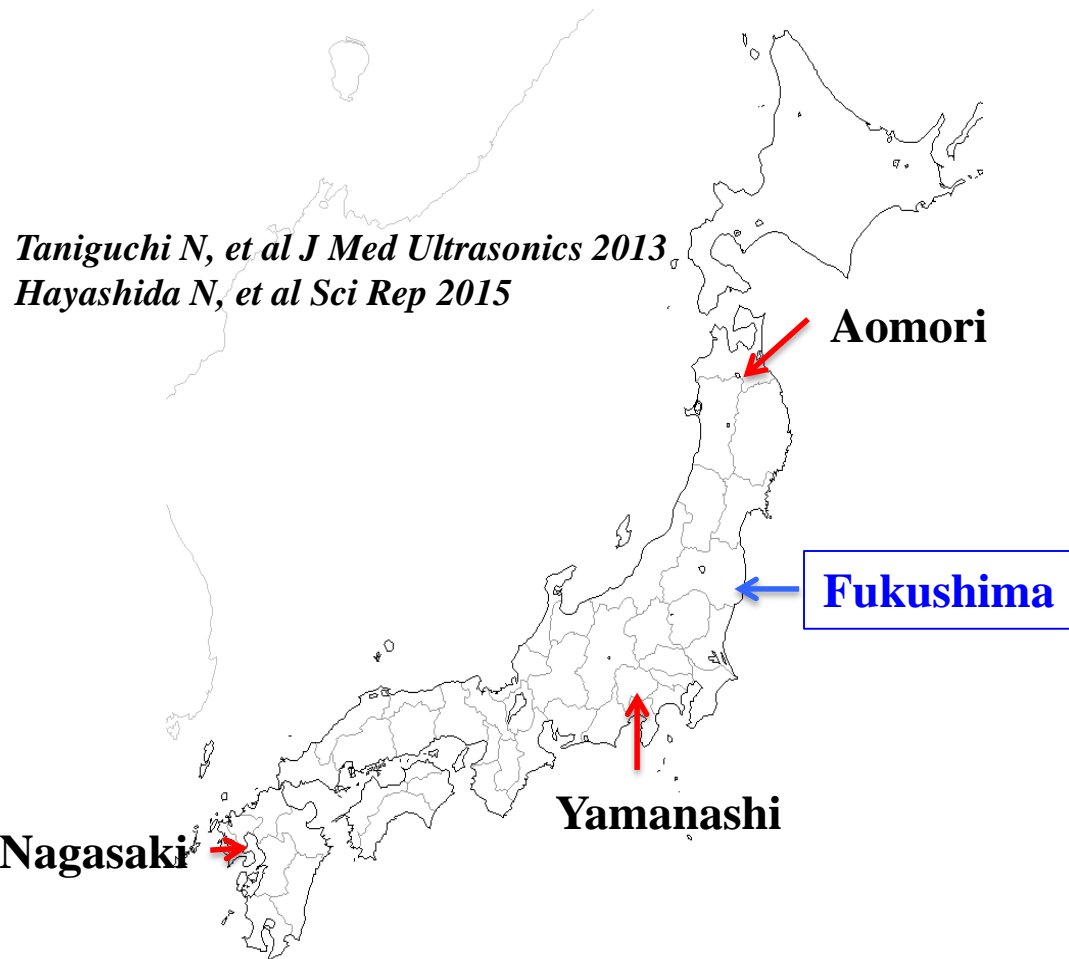


From October 2011



Thyroid ultrasound findings in children from three prefectures: Aomori, Yamanashi, and Nagasaki

To obtain comparative data for increasing A2 in Fukushima, the Ministry of Environment entrusted the Japan Association of Breast and Thyroid Sonology (JABTS) to perform thyroid examinations by the same method used in Fukushima Prefecture.



Malignant or suspicious cases detected by US-FNAB in Fukushima

March 31, 2015

Number of cases (FY 2011-2013)	<u>Total 112</u>
Gender	Male: 38 Female: 74
Mean age (SD, min-max)	17.2 years (± 2.7, 8-22) <i>at the time of diagnosis</i> 14.8 years (± 2.6, 6-18) <i>at the time of the disaster</i>
Mean tumor size (SD, min-max)	14.2 mm (± 7.8, 5.1-45.0)
Pathological diagnosis of <u>99 surgical cases</u>	1 benign nodule 95 papillary thyroid carcinomas 3 poorly differentiated carcinoma

68 Operated Thyroid Cancer Cases

-clinico-pathological and genetic findings-

- Age and sex at operation; 17.3 ± 2.8 (M22, F 46)
- Tumor size; 14.7 ± 9.2 mm
- Histology; CP61, FV2, CMV4, PD1
- TNM classification; pT1/2 37, pT3 31; pN0 15, pN1a or 1b 52; M0 65, M1 2; pEx0 36, pEx1 32
- Genetic mutation;
 - Braf^{V600E} 43 (63.2%), H-Ras 0, K-Ras 0, N-Ras 0, Ret/PTC1 6 (8.8%), Ret/PTC3 1 (1.5%), ETV6(ex4)/NTRK 4 (5.9%), ETV6(ex5)/NTRK 0, AKAP9/Braf 0, TERT C250T 0, TERT C228T 0*

Summary

How to interpret the 137 cases of childhood/adolescent thyroid cancer detected in Fukushima in the past four years (2011-2014)

due to sophisticated US Mass Screening from neonates to young adolescence

**Overdiagnosis?
Overtreatment?**

Screening Bias/Harvest Effect

unnecessary examination?
indolent tumor?
life-time asymptomatic
microcarcinoma PTC?

Latency and Dose; Fukushima < Chernobyl

- **merits and demerits of
early diagnosis by US screening-**

Unlikely due to radiation exposure

5~10mm in tumor size;
*indication of FNA cytology
*watch and wait strategy

Basal prevalence of thyroid cancer?

Thyroid Highlights in Fukushima

- Out of the 2 million residents in Fukushima, there were about 367,000 children and adolescents aged less than 18 years at the time of the FNPP accident. *Because of the urgent requests from the public, and the central and local governments, thyroid ultrasound examination was implemented for neonates, infants, children, and adolescents to address fear and anxiety about thyroid cancer risk.*
- Although the risk of radiation-associated health consequences in Fukushima is considerably low based on the estimated radiation doses individuals received during the accident, *a high prevalence of childhood and adolescent thyroid cancers detected by a mass screening aggravates negatively radiation fear and anxiety.*
- It is, therefore, critically important to explain the current prevalence of thyroid cancers in Fukushima to the public correctly as a mass screening effect but not as epidemic due to direct linkage of radiation-induced.

(ASCO Daily News Article June 2016; <http://bit.ly/1UhYswE>)

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Radiation Medical Science Center for the Fukushima Health Management Survey, Fukushima Medical University

**We share the survey results with the global community,
developing and strengthening collaboration with
international research organizations and relevant institutes
for radiation safety and protection.**

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Future
From
Fukushima.

ふくしまから
はじめよう。

News

- 2016-06-07 **NEW!** Proceedings of the 23rd Prefectural Oversight Committee Meeting for Fukushima Health Management Survey
- 2016-05-26 **NEW!** 5th International Expert Symposium in Fukushima will be held on September 26, 27
- 2016-03-11 **8 March 2016 Five Years After the Triple Disaster of March 11, 2011, FMU Held an International Symposium**
- 2016-02-16 Proceedings of the 22nd Prefectural Oversight Committee Meeting for Fukushima Health Management Survey
- 2016-01-22 12-13 Dec 2015 International Workshop on the Fukushima Dialogue Initiative
- 2015-12-14 10-11 Nov 2015 STS Technical Meeting in Nagasaki
- 2015-12-03 Proceedings of the 21st Prefectural Oversight Committee Meeting for Fukushima Health Management Survey
- 2015-11-27 27 Nov 2015 IAEA releases a free online learning platform based on a Train-the-Trainers Workshop held at FMU
- 2015-11-04 22 Oct 2015 UNSCEAR Published Fukushima 2015 White Paper
- 2015-10-16 17 Sep 2015 Report on the KHNP-RHI International Seminar 2015
- 2015-09-14 14 Sep 2015 International Commission on Radiological Protection leaders visited FMU
- 2015-09-12 12-13 Sep 2015 The 12th Dialogue Seminar
- 2015-09-03 3 Sep 2015 Specialists from Korea Hydro and Nuclear Power visited FMU
- 2015-09-01 Proceedings of the 20th Prefectural Oversight Committee Meeting for Fukushima Health Management Survey released
- 2015-08-29 29 Aug 2015 The Japanese Association for Radiation Accident/Disaster Medicine (JARAD M) convened its 3rd national meeting at FMU
- 2015-08-27 29 Jul 2015 and 27 Aug 2015 World Bank officials visit FMU

Report of the
Fukushima Health
Management Survey
(FY 2011-2013)
revised version (June 12, 2015)



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Contacts

**For questions or
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